

NCCN 2021 Virtual Congress: Breast Cancer
with Updates from the 2020 San Antonio Breast Cancer Symposium

Friday, February 12, 2021
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Surgical and Radiation Treatment Updates to Management of Breast Cancer, Including SABCS Updates

Doreen M. Agnese, MD

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James Cancer Hospital and Solove Research Institute*

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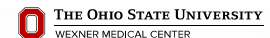


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Background

- Optimal breast cancer care requires a multidisciplinary approach
 - Surgery
 - Radiation therapy
 - Systemic therapy (adjuvant or neoadjuvant)
 - Supportive care
- For those with early stage cancer, surgery is often the first therapy
 - Care of the primary tumor with breast conservation or mastectomy
 - Axillary staging
- Locoregional treatment strategies have evolved over the years to maximize effectiveness and minimize morbidity

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Axillary Staging, clinically node negative

- Key prognostic predictor with significant impact on treatment planning
- Historically, axillary node dissection was required for staging of the axilla
 - Significant morbidity, including lymphedema
- Sentinel lymph node biopsy
 - Allowed accurate staging and avoidance of completion nodal dissection when sentinel node was negative
 - When first introduced, was followed by completion nodal dissection in those who had positive SLN
 - More recent studies have demonstrated node positive populations where axillary node dissection is not required

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Is there a population in
whom SLN can be avoided?

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Omission of SLN

VOLUME 24 • NUMBER 3 • JANUARY 20 2006

JOURNAL OF CLINICAL ONCOLOGY

ORIGINAL REPORT

Randomized Trial Comparing Axillary Clearance Versus No Axillary Clearance in Older Patients With Breast Cancer: First Results of International Breast Cancer Study Group Trial 10-93

International Breast Cancer Study Group

ABSTRACT

Purpose

Axillary clearance in early breast cancer aims to improve locoregional control and provide staging information but is associated with undesirable morbidity. We therefore investigated whether avoiding axillary surgery in older women would result in improved quality of life (QL) with similar disease-free survival (DFS) and overall survival (OS).

Patients and Methods

Between 1993 and 2002, women ≥ 60 years old with clinically node-negative operable breast cancer in whom adjuvant tamoxifen was considered indicated regardless of pathologic nodal status were randomly assigned to primary surgery plus axillary clearance (Sx + Ax) followed by tamoxifen (Tam) versus Sx without Ax followed by Tam for 5 consecutive years. The primary end point was QL reported by the patient and by physician assessment.

Results

A total of 473 patients (234 to Sx + Ax, 239 to Sx) were randomly assigned. The median age was 74 years; 80% had estrogen receptor-positive disease. In both the patients' subjective assessment of their QL and the physicians' perception of the patients' QL, the largest adverse QL effects of Ax were observed from baseline to the first postoperative assessment, but the differences tended to disappear in 6 to 12 months. At a median follow-up of 6.6 years, results for Sx + Ax and Sx yielded similar DFS (6-year DFS, 67% v 66%; hazard ratio [HR] Sx + Ax/Sx, 1.06; 95% CI, 0.79 to 1.42; $P = .69$) and OS (6-year OS, 75% v 73%; HR Sx + Ax/Sx, 1.06; 95% CI, 0.76 to 1.46; $P = .77$).

Conclusion

Avoiding axillary clearance for women ≥ 60 years old who have clinically node-negative disease and receive Tam for endocrine-responsive disease yields similar efficacy with better early QL.

J Clin Oncol 24:337-344. © 2006 by American Society of Clinical Oncology

From the International Breast Cancer Study Group. Appendix lists the names and affiliations of the writing committee, and participants and authors of Trial 10-93.

Submitted February 14, 2005; accepted June 13, 2005.

Supported in part by the Swiss Group for Clinical Cancer Research, Frontier Science and Technology Research Foundation, The Cancer Council Australia, Australian New Zealand Breast Cancer Trials Group (National Health Medical Research Council), National Cancer Institute (Grant No. CA-75362), Swedish Cancer Society, Cancer Association of South Africa, and Foundation for Clinical Research of Eastern Switzerland.

Presented at the 40th Annual Meeting of the American Society of Clinical Oncology, New Orleans, LA, June 5-8, 2004.

Authors' disclosures of potential conflicts of interest and author contributions are found at the end of this article.

Address reprint requests to Carl Magnus Rudenstam, MD, West Swedish Breast Cancer Study Group, Sahlgrenska University Hospital/Mölndal, Göteborgsvägen 31, 431 85 Mölndal, Sweden; e-mail: carl.magnus.rudenstam@w.se.

- RCT of women ≥ 60
 - Clinically node negative
 - Adjuvant tamoxifen
- 473 patients randomly assigned to surgery and tamoxifen with and without axillary clearance

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Omission of SLN

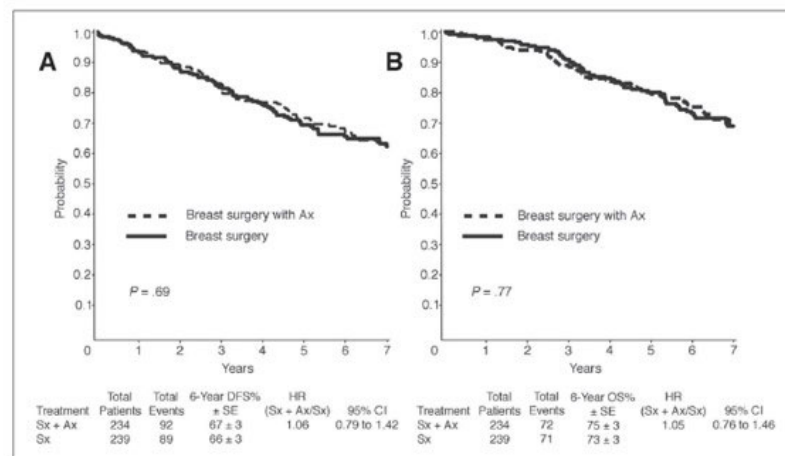


Fig 3. (A) Disease-free survival (DFS) and (B) overall survival (OS) according to treatment group. The median follow-up was 6.6 years. Ax, axillary clearance; Sx, primary surgery; HR, hazard ratio.

- With median follow-up of 6.6 years, no significant difference in DFS or OS

J Clin Oncol 2006; 24: 337-344

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Ann Surg Oncol (2011) 18:125–133
DOI 10.1245/s10434-010-1217-7

Annals of
SURGICAL ONCOLOGY
OFFICIAL JOURNAL OF THE SOCIETY OF SURGICAL ONCOLOGY

ORIGINAL ARTICLE – BREAST ONCOLOGY

Axillary Dissection Versus No Axillary Dissection in Elderly Patients with Breast Cancer and No Palpable Axillary Nodes: Results After 15 Years of Follow-Up

Gabriele Martelli, MD¹, Rosalba Miceli, PhD², Maria Grazia Daidone, PhD³, Gaetano Vetrella, MD⁴, Anna Maria Cerrotta, MD⁵, Domenico Piromalli, MD¹, and Roberto Agresti, MD¹

¹Breast Unit, Fondazione IRCCS Istituto Nazionale dei Tumori, Milan, Italy; ²Unit of Clinical Epidemiology and Trial Organization, Fondazione IRCCS Istituto Nazionale dei Tumori, Milan, Italy; ³Unit of Biomolecular Determinants in Prognosis and Therapy, Fondazione IRCCS Istituto Nazionale dei Tumori, Milan, Italy; ⁴Unit of Preventive Gynecology, Melegnano Hospital, Melegnano, Italy; ⁵Unit of Radiotherapy, Fondazione IRCCS Istituto Nazionale dei Tumori, Milan, Italy

- Retrospective analysis of 671 women aged ≥ 70 with clinically negative axilla treated with and without axillary clearance with 15 year follow-up

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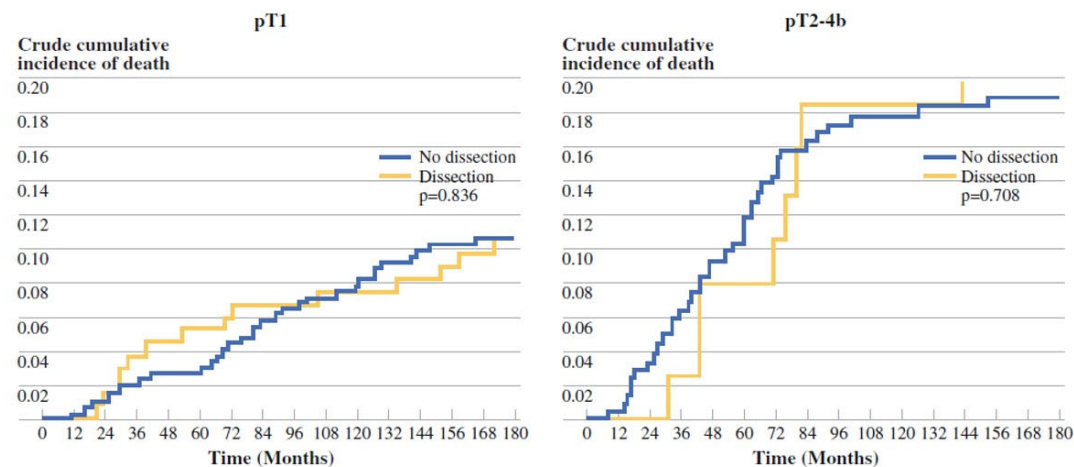


FIG. 1 Crude cumulative incidence curves of breast cancer death for patients given and not given axillary dissection. pT1 (left); pT2-4b (right)

- No significant difference in breast cancer mortality
- Low cumulative incidence of axillary recurrence in no axillary dissection group

Martelli Ann Surg Oncol 2011; 18: 125-133

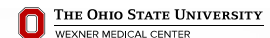
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Choosing Wisely Campaign

- Society of Surgical Oncology statement (released July 2016, updated June 2019)
- **Don't routinely use sentinel node biopsy in clinically node negative women ≥ 70 years of age with early stage hormone receptor positive, HER2 negative invasive breast cancer.**

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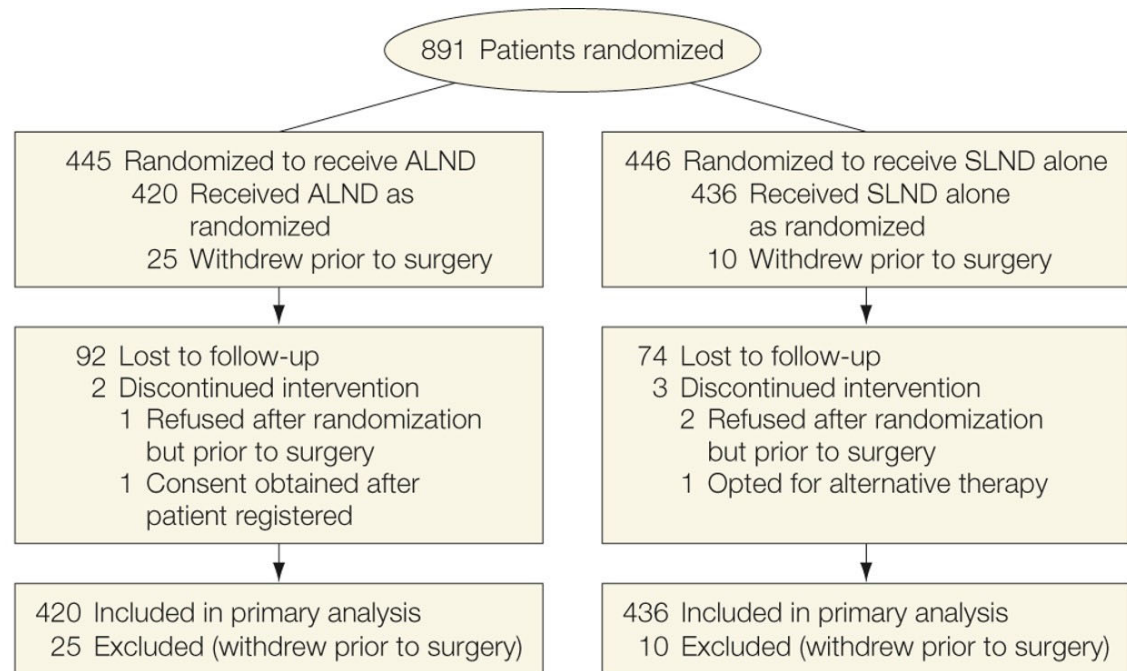
Do all patients with positive
SLN need completion AND?

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ACOSOG Z11

- Phase 3 non-inferiority trial conducted at 115 sites and enrolling patients from May 1999 to December 2004.
- 891 women with clinical T1-T2 invasive breast cancer, BCT, no palpable adenopathy, and 1 to 2 SLNs containing metastases were randomized

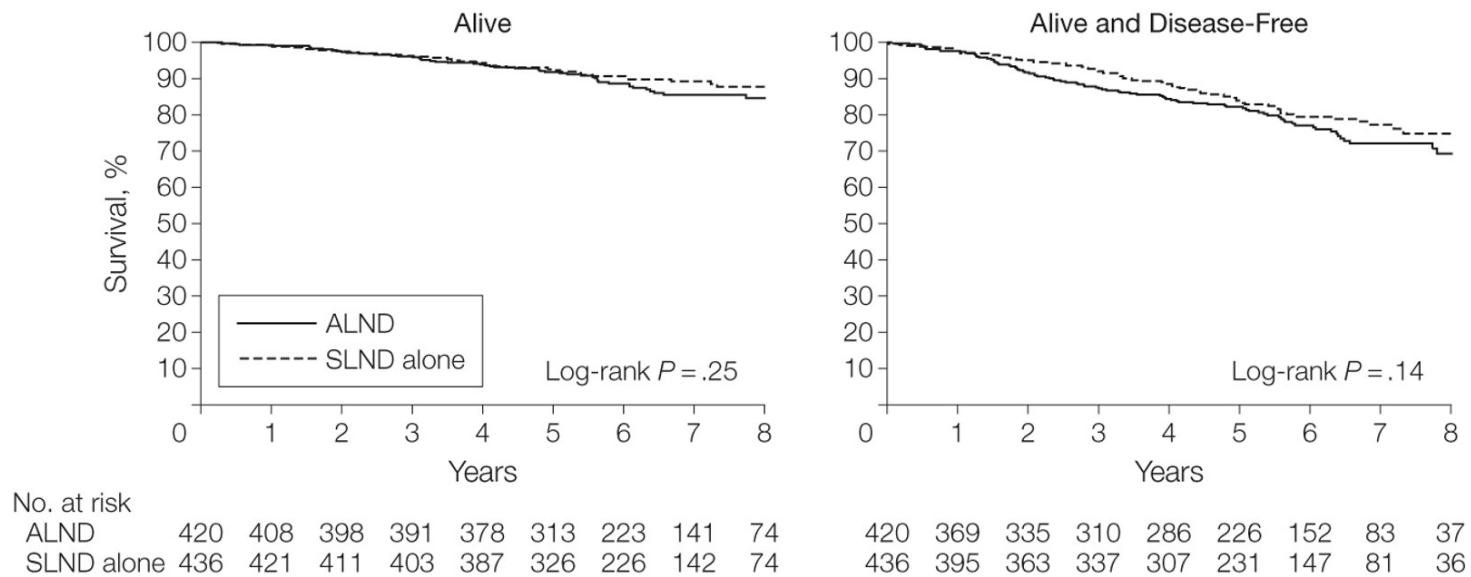


Giuliano *JAMA*. 2011;305(6):569–575. doi:10.1001/jama.2011.90

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ACOSOG Z11



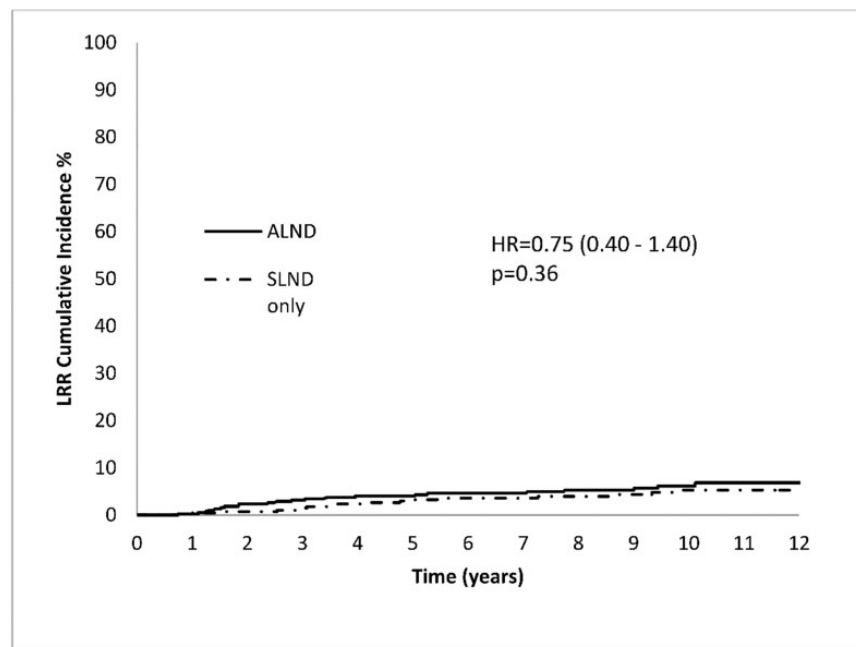
- The use of SLN alone did not result in inferior survival or local control

Giuliano *JAMA*. 2011;305(6):569–575. doi:10.1001/jama.2011.90

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ACOSOG Z11 extended follow-up



Giuliano Ann *Surg.* 2016 Sep; 264(3): 413-420.

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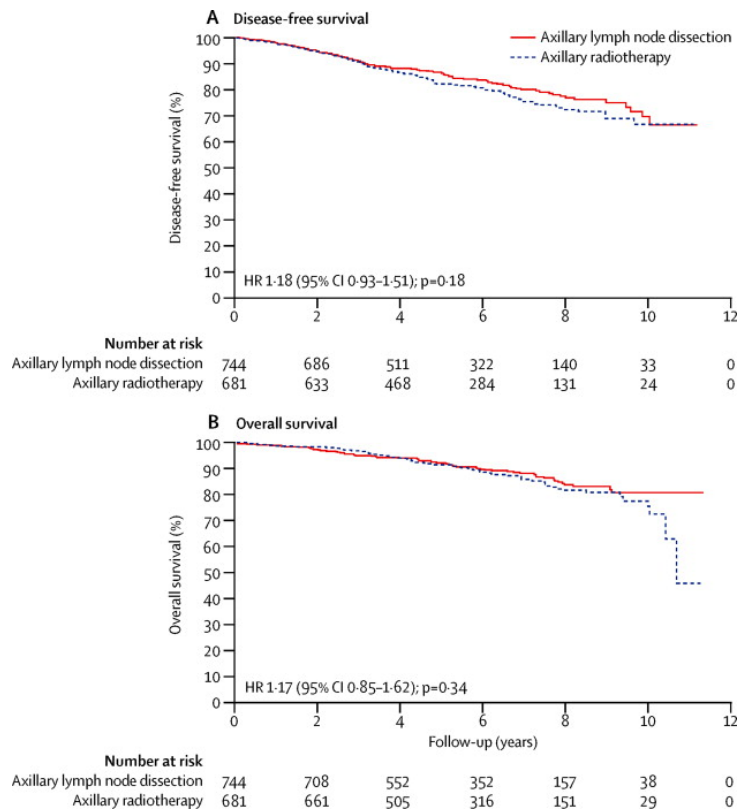
AMAROS Trial

- Multicenter prospective randomized trial
- 4823 patients with T1-2 tumors and clinically negative nodes were randomized to either axillary node dissection or radiation therapy in the setting of a positive sentinel node
 - 82% had lumpectomy, 17-18% had mastectomy

Donker The Lancet Oncology 2014; 15 (12): 1303-1310



AMAROS Trial



- Axillary lymph node dissection and axillary radiotherapy provided equivalent local control
- Morbidity was decreased with radiation therapy

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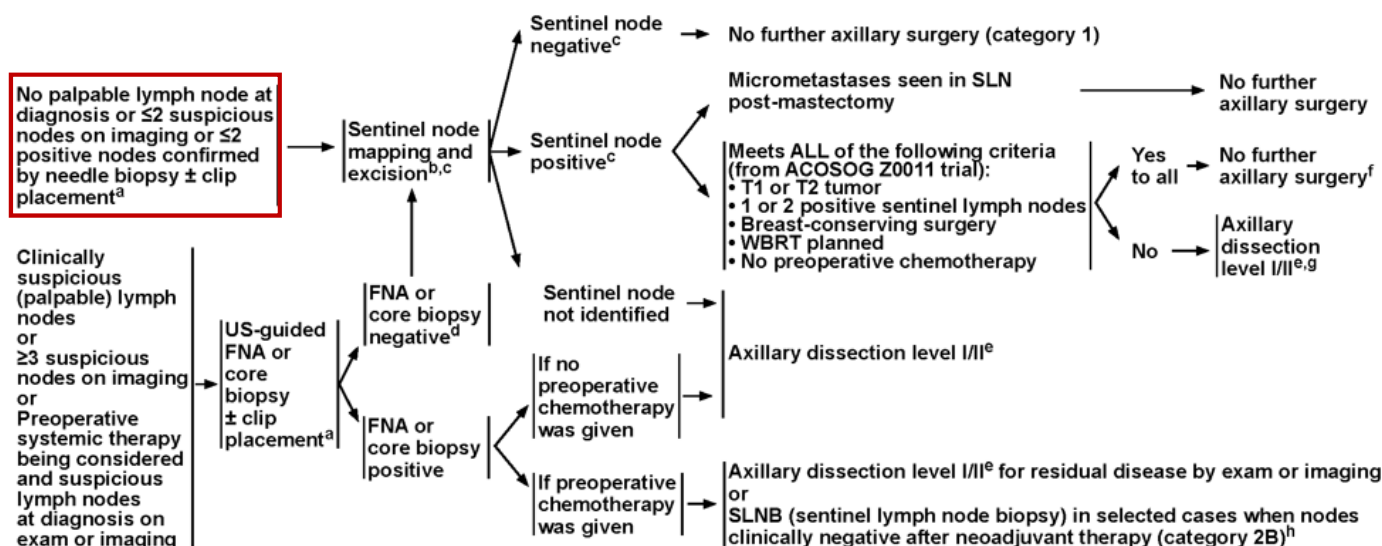
Axillary management



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SURGICAL AXILLARY STAGING



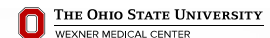
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Clinically negative axilla with abnormal ultrasound

- Some centers perform axillary ultrasound even when no nodes are clinically palpable
- If biopsy performed and positive, patient may still meet Z11 criteria and can still be offered SLN
- Efforts should be made to clip the sampled node at the time of biopsy and remove at the time of SLN to assure accuracy of axillary staging

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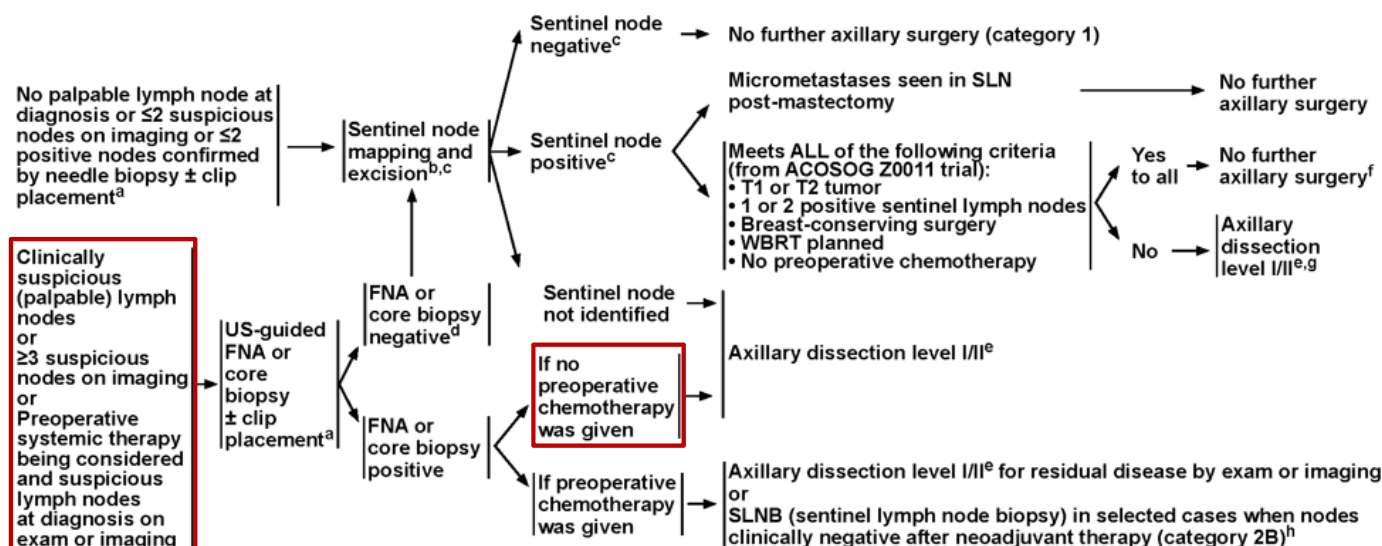
Axillary management



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SURGICAL AXILLARY STAGING



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Do all patients with positive nodes require axillary dissection after neoadjuvant chemotherapy?

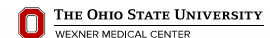
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Axillary assessment after neoadjuvant therapy

- Historically, axillary node dissection was required for all patients with positive nodes prior to neoadjuvant chemotherapy regardless of response
- SLN after neoadjuvant therapy
 - Identification rate of about 89%
 - False negative rate >10%
 - Negative predictive value of 56-87%

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Targeted Axillary Dissection

VOLUME 34 • NUMBER 10 • APRIL 1, 2016

JOURNAL OF CLINICAL ONCOLOGY

ORIGINAL REPORT

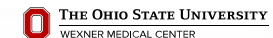


Improved Axillary Evaluation Following Neoadjuvant Therapy for Patients With Node-Positive Breast Cancer Using Selective Evaluation of Clipped Nodes: Implementation of Targeted Axillary Dissection

Abigail S. Caudle, Wei T. Yang, Savitri Krishnamurthy, Elizabeth A. Mittendorf, Dalliah M. Black, Michael Z. Gilcrease, Isabelle Bedrosian, Brian P. Hobbs, Sarah M. DeSnyder, Rosa F. Hwang, Beatriz E. Adrada, Simona F. Shaitelman, Mariana Chavez-MacGregor, Benjamin D. Smith, Rosalind P. Candelaria, Gildy V. Babiera, Basak E. Dogan, Lumarie Santiago, Kelly K. Hunt, and Henry M. Kuerer

- Prospective study of patients with biopsy proven positive nodes with clip placed at biopsy
- After neoadjuvant therapy, patients had SLN and removal of the clipped node with iodine-125 seed localization

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TAD

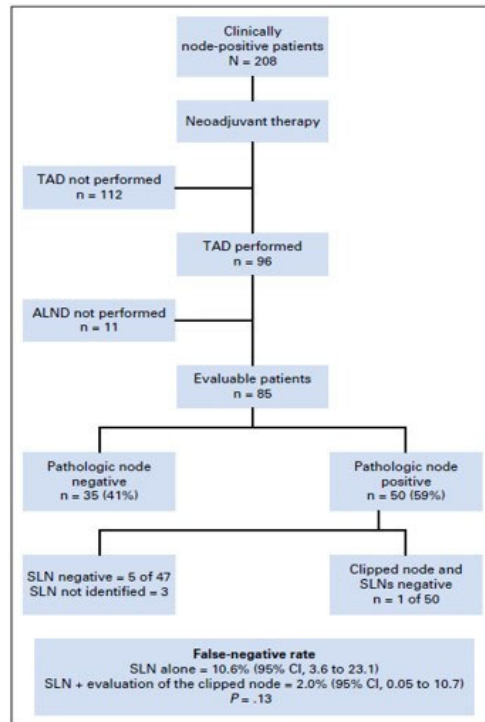


Fig 4. Ability of targeted axillary dissection (TAD) to predict nodal response after neoadjuvant therapy. Pathologic results of nodes removed from TAD were compared with other lymph nodes in patients who underwent axillary lymphadenectomy (ALND) to determine the false-negative rate of TAD. SNL, sentinel lymph node.

- False negative rate SLN alone 10.6%
- False negative rate SLN + evaluation of clipped node 2.0%

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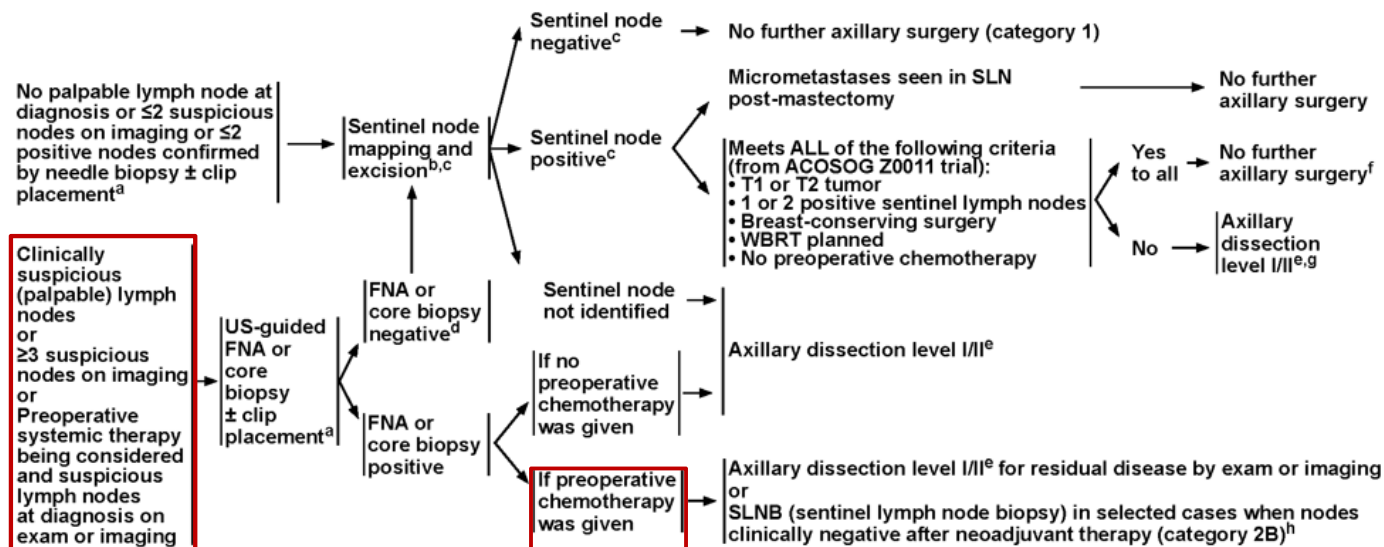
Axillary management



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RISAS Trial-presented at SABCS 2020

- Radioactive Iodine Seed localization in the Axilla in axillary node positive breast cancer combined with a Sentinel node procedure.
- Prospective multicenter trial in which patients underwent RISAS procedure followed by axillary node dissection
 - 223 patients had successful identification of at least one lymph node
 - 79 had pathologic complete response
 - 144 had residual nodal disease
 - 5 patients had false negative RISAS procedure (FNR 3.4%, NPV 93.6%)
 - Of the 5 false negatives, 4/5 occurred within the 1st 10 procedures performed at the institution

RISAS trial- Abstract Number: GS1-10; SABCS 2020

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Summary

- Routine SLN should can be omitted in select patients ≥ 70 with early stage HR+, Her-2 negative breast cancer
- SLN is recommended for axillary staging in clinically node negative patients
- Completion nodal dissection can be avoided in patients who meet Z11 criteria
- There is growing evidence that modifications of SLN with addition of TAD may allow de-escalation of axillary surgery after neoadjuvant chemotherapy

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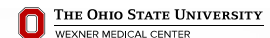


Thank You

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Radiation Treatment Updates to Management of Breast Cancer, Including SABCS Updates

Meena S. Moran, MD

Yale Cancer Center/Smilow Cancer Hospital



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Learning Objectives

- Develop an evidence-based approach for the management of the axilla in patients with early stage breast cancer
- Individualize radiation therapy recommendations based on patient and tumor characteristics
- Discuss new and emerging data in the management of patients with early-stage breast cancer and integrate key findings into clinical practice

Definitions of Margins after BCT in 2014: Variations by Current Consensus Groups

Consensus Group	Recommended Negative Margin Width
National Comprehensive Cancer Network (NCCN)	>1 mm
European Society for Medical Oncology (ESMO)	≥2 mm
New Zealand Guidelines Group (NZGG)	≥2 mm
German Cancer Society	≥1 mm

Society of Surgical Oncology–American Society for
Radiation Oncology Consensus Guideline on Margins for
Breast-Conserving Surgery With Whole-Breast Irradiation
in Stages I and II Invasive Breast Cancer

Moran MS et al. 2014

*Guidelines simultaneously published in JCO, Int J. Radiat Bio Phy/PRO, & Annals Surg Onc



BCT is defined as complete removal of the tumor with a negative margin¹, followed by whole breast RT (WBRT)

- Negative margin for invasive cancers (or DCIS associated with invasive cancers):
- The NCCN Panel has adopted the definition of a negative margin as “No ink on tumor” from the SSO/ASTRO Guideline on Margins
- In cases where there is a positive margin, additional surgery (either re-excision to achieve a negative margin, or mastectomy) should be performed

1. **Moran MS**, JCO 2014 SSO/ASTRO Margin Guideline; The NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines®) Breast Cancer (Version 1.2015).



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NCCN Guidelines Version 2.2017
Ductal Carcinoma in Situ (DCIS)

MARGIN STATUS IN DCIS

- Substantial controversy over definition of a negative pathologic margin in DCIS
- Margins greater than 10 mm are widely accepted as negative (but may be excessive and may lead to a less optimal cosmetic outcome)
- Margins less than 1 mm are considered inadequate
- With pathologic margins between 1–10 mm, wider margins are generally associated with ↓IBTR

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JOURNAL OF CLINICAL ONCOLOGY

SPECIAL ARTICLE

Society of Surgical Oncology–American Society for
Radiation Oncology Consensus Guideline on Margins for
Breast-Conserving Surgery With Whole-Breast Irradiation
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Moran MS et al. 2014

JOURNAL OF CLINICAL ONCOLOGY

SPECIAL ARTICLE

Society of Surgical Oncology–American Society for Radiation
Oncology–American Society of Clinical Oncology Consensus
Guideline on Margins for Breast-Conserving Surgery With
Whole-Breast Irradiation in Ductal Carcinoma In Situ

Morrow M et al. 2016

*Both guidelines simultaneously published in JCO, Int J. Radiat Bio Phy/PRO, & Annals Surg Onc



NCCN Guidelines Version 3.2017 Invasive Breast Cancer

MARGIN STATUS RECOMMENDATIONS FOR BOTH DCIS AND INVASIVE BREAST CANCER

- Margins should be evaluated on all surgical specimens from breast-conserving surgery (BCS). Requirements for optimal margin evaluation include:
 - ▶ Orientation of the surgical specimens
 - ▶ Description of the gross and microscopic margin status
 - ▶ Reporting of the distance, orientation, and type of tumor (invasive or DCIS) in relation to the closest margin.
- Complete resection should be documented by analysis of margins and specimen radiography. Post-excision mammography could also be performed whenever uncertainty about adequacy of excision remains.
- The NCCN panel accepts the definitions of negative margins after breast conservation therapy from the 2014 SSO/ASTRO Margins Guideline¹ for Stage I/II Invasive Cancers and the 2016 SSO/ASTRO/ASCO Guideline for DCIS.² For patients with stage I or II invasive cancers after BCS, a positive margin is defined as “ink on tumor” (any invasive cancer or DCIS cells on ink). These patients generally require further surgery—either a re-excision to achieve a negative margin or a mastectomy. If re-excision is technically feasible to allow for BCS to achieve “no ink on tumor,” this can be done with resection of the involved margin guided by the orientation of the initial resection specimen or re-excision of the entire original excision cavity. There may be select patients with stage III invasive cancers who may be eligible for BCS. For these patients, the margins status would be accessed with similar definitions.

DCIS

- For patients with pure DCIS treated by BCS and whole breast radiation therapy (WBRT), a quantitative description of any tumor close to margin resection width of at least 2 mm is associated with a reduced risk of ipsilateral breast tumor recurrence (IBTR) relative to narrower negative margin widths, while the routine practice of obtaining margins greater than 2 mm to further improve outcomes is not supported by the evidence. When there is only minimal or focal DCIS involvement near the margin, clinical judgement can be applied to determine if reexcision might be avoided in individual cases.
- For patients with DCIS treated with excision alone (no WBRT), regardless of margin width, there is a substantially higher rate of IBTR than treatment with excision and WBRT, even in predefined, low-risk patients. Although the optimal margin width for treatment with excision alone is unknown, it should be at least 2 mm, with some evidence suggesting improved IBTR rates with margin widths wider than 2 mm.
- DCIS with microinvasion (DCIS-M), defined as an invasive focus ≤ 1 mm in size, should refer to the DCIS margin definition when considering the optimal margin width (>2 mm), given that the majority of DCIS-M is comprised of DCIS and systemic therapy utilization for this lesion more closely reflects the treatment pattern for DCIS than for invasive carcinoma.

Invasive Breast Cancer

- For invasive breast cancers that have a component of DCIS, regardless of the extent of DCIS, the negative margin definition of “no ink on tumor” should be based on the invasive margin guideline. In this setting, “no ink on tumor” is recommended for either DCIS or invasive cancer cells, primarily because the natural history, treatment, and outcomes of these lesions is more similar to invasive cancer than DCIS. Clinical judgment should be applied in specific cases for which following discussion with the patient, re-excision may be prudent.
- These margin recommendations cannot be applied directly to patients undergoing APBI,² where data regarding local recurrence is more limited. Furthermore, individualized clinical judgment should be utilized on a case-by-case basis, using postoperative mammography to identify residual calcifications and clinical-pathologic factors such as quantitative extent of disease near margin, presence of extensive intraductal component (EIC), young age, or multiple close margins to assist in identifying patients who may have an increased risk of IBTR and therefore may be selected to benefit from re-excision.
- For patients with invasive breast cancer, after BCS if margin is microscopically focally positive, in the absence of an (EIC),³ the use of a higher radiation boost dose to the tumor bed should be considered. A boost to the tumor bed is recommended in patients at higher risk for recurrence. Typical doses are 10–16 Gy at 2 Gy/fx.

[Continued on next page](#)

¹Moran MS, Schnitt SJ, Giuliano AE, et al. Society of Surgical Oncology-American Society for Radiation Oncology consensus guideline on margins for breast-conserving surgery with whole-breast irradiation in stages I and II invasive breast cancer. J Clin Oncol 2014 May 10;32(14):1507-15.

²Morrow M, Van Zee KJ, Solin LJ, et al. Society of Surgical Oncology-American Society for Radiation Oncology-American Society of Clinical Oncology Consensus Guideline on Margins for Breast-Conserving Surgery With Whole-Breast Irradiation in Ductal Carcinoma In Situ. J Clin Oncol 2016;34:4040-4046.

Note: All recommendations are category 2A unless otherwise indicated.

Clinical Trials: NCCN believes that the best management of any patient with cancer is in a clinical trial. Participation in clinical trials is especially encouraged.

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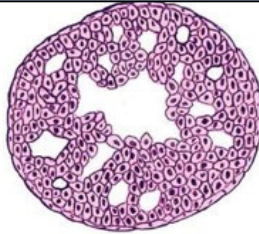
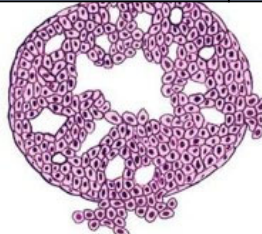
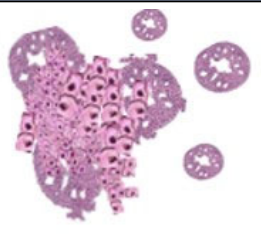
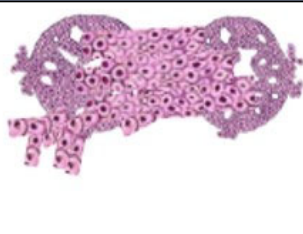
³EIC is defined as an infiltrating ductal cancer where greater than 25% of the tumor volume is DCIS and DCIS extends beyond the invasive cancer into surrounding normal breast parenchyma.

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Which Guideline to Use?

DCIS guideline		DCIS w/Invasive Cancer guideline	
2 mm		No ink on tumor	
			
Pure DCIS	DCIS with micro-invasion*	Invasive Cancer with DCIS**	Invasive Cancer
*Defined as: DCIS w/ invasive focus <1mm			
Non-invasive	Non-invasive/ Minor invasive	Invasive Minor DCIS	Invasive



MARGIN STATUS RECOMMENDATIONS AFTER BREAST-CONSERVING SURGERY FOR INVASIVE CANCERS AND DCIS

Invasive Breast Cancer

- For invasive breast cancers that have a component of DCIS, regardless of the extent of DCIS, the negative margin definition of “no ink on tumor” should be based on the invasive margin guideline. In this setting, “no ink on tumor” is recommended for either DCIS or invasive cancer cells, primarily because the natural history, treatment, and outcomes of these lesions are more similar to invasive cancer than DCIS. **For specifically challenging cases, clinical judgment and discussion with the patient should precede routine re-excision.**
- These margin recommendations cannot be applied directly to patients undergoing APBI,¹ where data regarding local recurrence are more limited. Furthermore, individualized clinical judgment should be utilized on a case-by-case basis, using postoperative mammography to identify residual calcifications and clinical-pathologic factors such as quantitative extent of disease near margin, presence of extensive intraductal component (EIC),³ young age, or multiple close margins to assist in identifying patients who may have an increased risk of IBTR and therefore may be selected to benefit from re-excision.
- For patients with invasive breast cancer after BCS, with microscopically focally positive margins (in the absence of an EIC),³ the use of a higher radiation boost dose to the tumor bed may be considered, since generally a boost to the tumor bed is recommended for patients at higher risk of recurrence. See BINV-I.

	No ink on tumor	2-mm margin	No margin necessary
Invasive breast cancer	X		
Invasive breast cancer + DCIS	X		
Invasive breast cancer + extensive DCIS	X		
Pure DCIS		X	
DCIS with microinvasion		X	
Pure LCIS* at surgical margin			X
Atypia at surgical margin			X

*For pleomorphic LCIS, the optimal width of margins is not known.

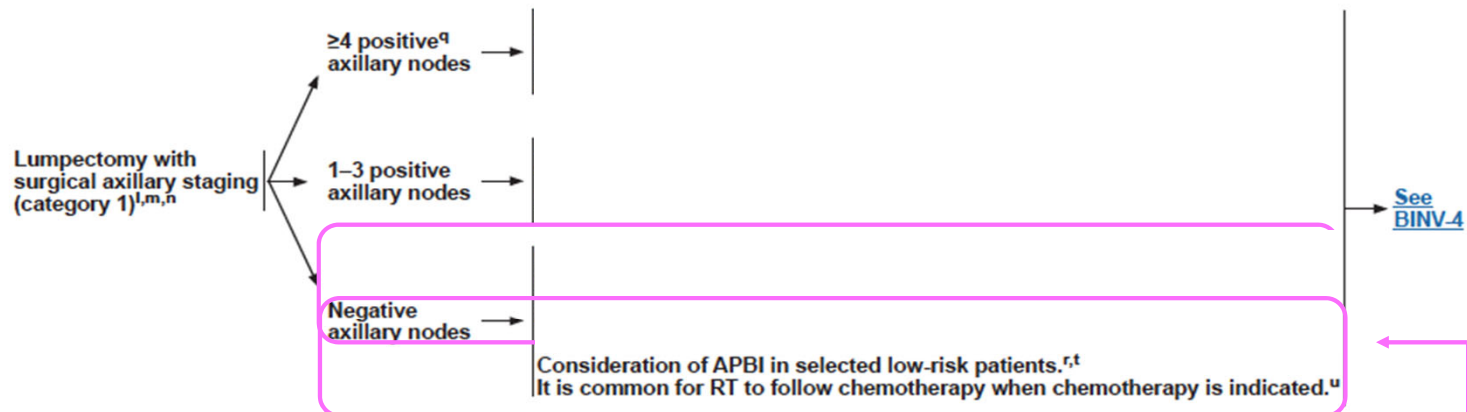
¹ Moran MS, Schnitt SJ, Giuliano AE, et al. Society of Surgical Oncology-American Society for Radiation Oncology consensus guideline on margins for breast-conserving surgery with whole-breast irradiation in stages I and II invasive breast cancer. J Clin Oncol 2014 May 10;32(14):1507-1515.

³ EIC is defined as an infiltrating ductal cancer where >25% of the tumor volume is DCIS and DCIS extends beyond the invasive cancer into surrounding normal breast parenchyma.

BINV-2: Modifications to Local Regional Management



LOCOREGIONAL TREATMENT OF T1-3,N0-1,M0 DISEASE^a



Total mastectomy with surgical axillary staging (category 1)^u Breast irradiation may be omitted in patients >70 y of age with ER-positive, clinically node-negative, T1 tumors who receive adjuvant endocrine therapy (category 1) [\(V.3\)](#)

^a For tools to aid optimal assessment, see [Adult Oncology](#).

^l See [Surgical Axillary Staging \(BINV-D\)](#).

^m See [Axillary Lymph Node Staging \(BINV-E\)](#) and [Marqin Status Recommendations for DCIS and Invasive Disease \(BINV-F\)](#).

ⁿ See [Special Considerations to Breast-Conserving Therapy Requiring Radiation Therapy \(BINV-G\)](#).

^o Except as outlined in the [NCCN Guidelines for Genetic/Familial High-Risk Assessment: Breast, Ovarian, and Pancreatic](#) and the [NCCN Guidelines for Breast Cancer Risk Reduction](#), prophylactic mastectomy of a breast contralateral to a known unilateral breast cancer is discouraged. When considered, the small benefits from contralateral prophylactic mastectomy for women with unilateral breast cancer must be balanced with the risk of recurrent disease from the known ipsilateral breast cancer, psychological and social issues of bilateral mastectomy, and the risks of contralateral mastectomy. The use of a prophylactic mastectomy contralateral to a breast treated with breast-conserving therapy is very strongly discouraged.

^q Consider imaging for systemic staging, including chest/abdominal ± pelvic diagnostic CT with contrast, bone scan, and optional FDG PET/CT (See [BINV-1](#)).

^r See [Principles of Radiation Therapy \(BINV-I\)](#).

^s Consider tangents/high tangents for patients who meet ACOSOG Z0011 criteria.

^t PBI may be administered prior to chemotherapy.

^u Breast irradiation may be omitted in patients ≥70 y of age with ER-positive, clinically node-negative, T1 tumors who receive adjuvant endocrine therapy (category 1).

CALGB 9343

N=636
≥70 yrs
≤2cm, cN0, ER+
Negative margins

Tamoxifen
+ WBRT

Tamoxifen

12 yr Outcomes*

No RT RT

All p values NS >0.05*

Axillary Rec	1%	0%
Mastectomy Rate	2%	4%
Distant Mets	5%	5%
10 yr BCSS	98%	97%

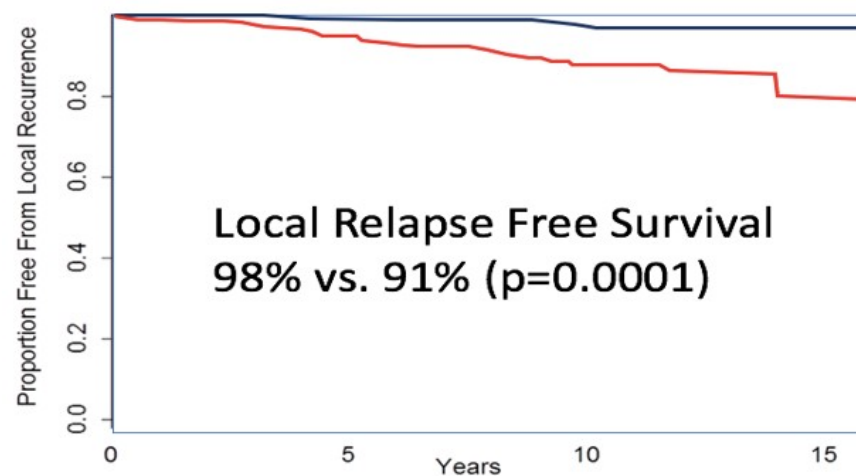
Hughes KS, J Clin Oncol, 2013

CALGB 9343

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12 yr Outcomes*	No RT	RT
All p values NS >0.05*		
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Mastectomy Rate	2%	4%
Distant Mets	5%	5%
10 yr BCSS	98%	97%

Local Relapse	5 yr	8 yr	12 yr
All p values <0.05*			
Tam + RT	1%	1%	2%
Tam alone	4%	7%	9%

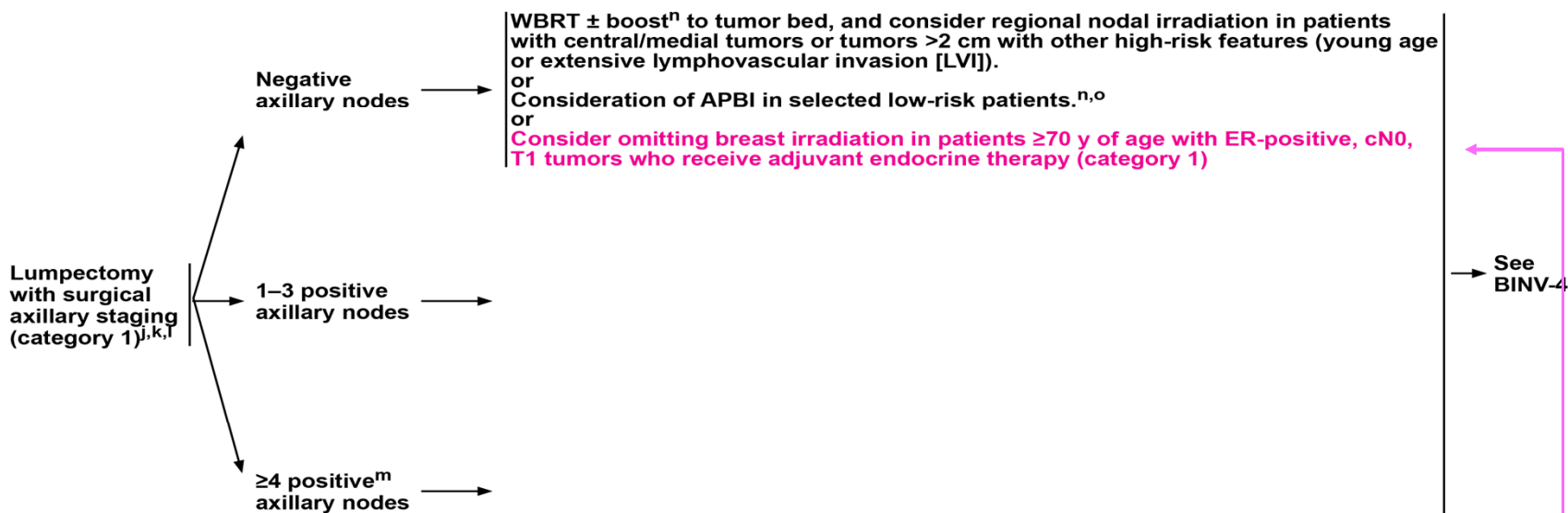
Hughes KS, J Clin Oncol, 2013



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NCCN Guidelines Version 1.2021 Invasive Breast Cancer

LOCOREGIONAL TREATMENT OF cT1–3, cN0 or cN+, M0 DISEASE:^a BREAST-CONSERVING THERAPY



^a For tools to aid optimal assessment and management of older adults, see NCCN Guidelines for Older Adult Oncology.

^j See Surgical Axillary Staging (BINV-D).

^k See Axillary Lymph Node Staging (BINV-E) and Margin Status Recommendations After Breast-Conserving Surgery for Invasive Cancers and DCIS (BINV-F).

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^o APBI may be administered prior to chemotherapy.

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BINV-2

PRIME II Trial: 5 yr. Follow-up

N=1370
 ≥ 65 yrs age
 ≤ 3 cm,
 pN0,
 ER+
 Margins ≥ 1 mm

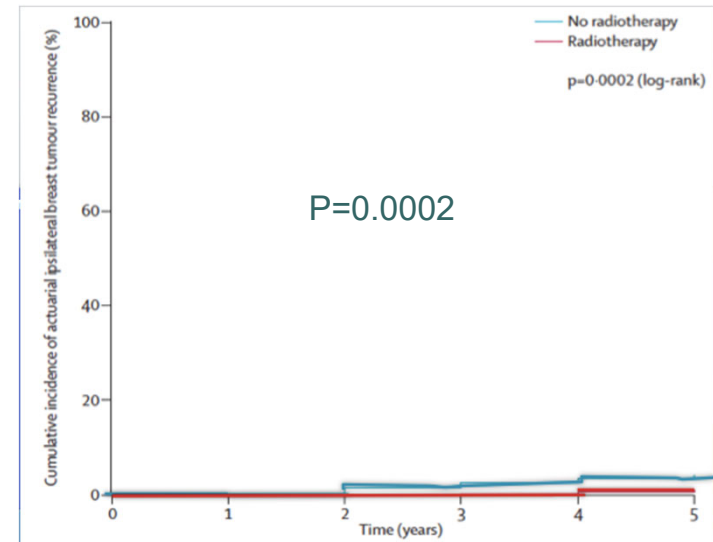
Tamoxifen +
WBRT

Tamoxifen

Endpoints:

1°= IBTR rates

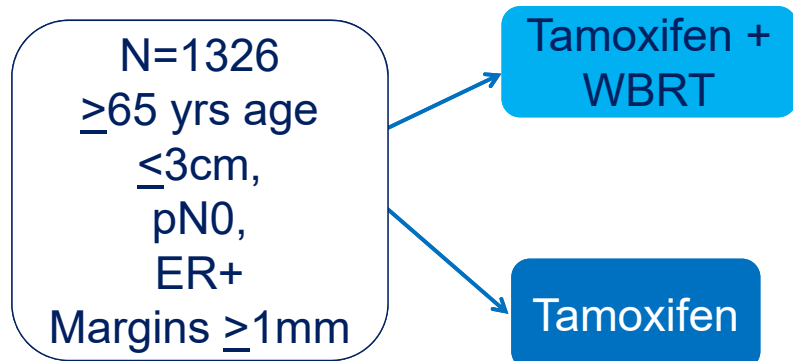
2°= Regional failures, contralat BC
 distant rec, DFS, OS



Outcomes		P value
Median Follow up 5 years		
Local Relapse	4.1% vs 1.3%	0.0002
Overall Survival	94% vs 94%	0.34

Kunkler et. al. Lancet Onc 2015

(SABC 2020) PRIME II Trial: 10 yr. Follow-up



Characteristic (%)	No RT (%)	+RT (%)
Mean age, yrs (SD)	71.12 (4.96)	70.78 (4.74)
Tumor size, mm		
▪ 0-10.0	38.6	40.3
▪ 10.1-20.0	48.8	48.5
▪ 20.1-30.0	12.6	11.2
Grade		
▪ 1	40.9	44.4
▪ 2	55.6	54.6
▪ 3	3.5	2.0
LVI	4.8	4.1
Preop Endocrine	9.1	8.3

Kunkler et. al. SABC Dec 2020 . Abstr GS2-03

PRIME II 10 yr. Update: Outcomes

Characteristic, %	No RT	+ RT	<i>p</i> Value
Local control at 10 yrs actuarial n (%)	43 (9.8)	5(0.9)	.00008
Recurrence, n (%)			
▪ Regional	13 (2.3)	3 (0.5)	.014
▪ Distant	8 (1.9)	15 (3.6)	.07
▪ Contralateral breast cancer	7 (1.2)	11 (2.2)	.20
▪ New (nonbreast) cancer	49 (10.2)	40 (8.7)	.41
Deaths, n	89	81	.68
▪ 10-yr actuarial rate, %	80.4	81.0	
10-yr metastasis-free survival, % (95% CI)	98.1 (96.7-99.6)	96.4 (94.5-98.4)	.28
Cause of death, n (%)			
▪ Cancer	35 (39)	29 (37)	

Median follow-up: 7.3 yrs

Kunkler et. al. SABC Dec 2020 . Abstr GS2-03

PRIME II 10 yr. Update: Outcomes

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Kunkler et. al. SABC Dec 2020 . Abstr GS2-03

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Cause of death, n (%)			
▪ Cancer	35 (39)	29 (37)	

Median follow-up: 7.3 yrs

Patient selection criteria for observation may be expanded in near future

Kunkler et. al. SABC Dec 2020 . Abstr GS2-03

BINV-2: 1-3+ Nodes

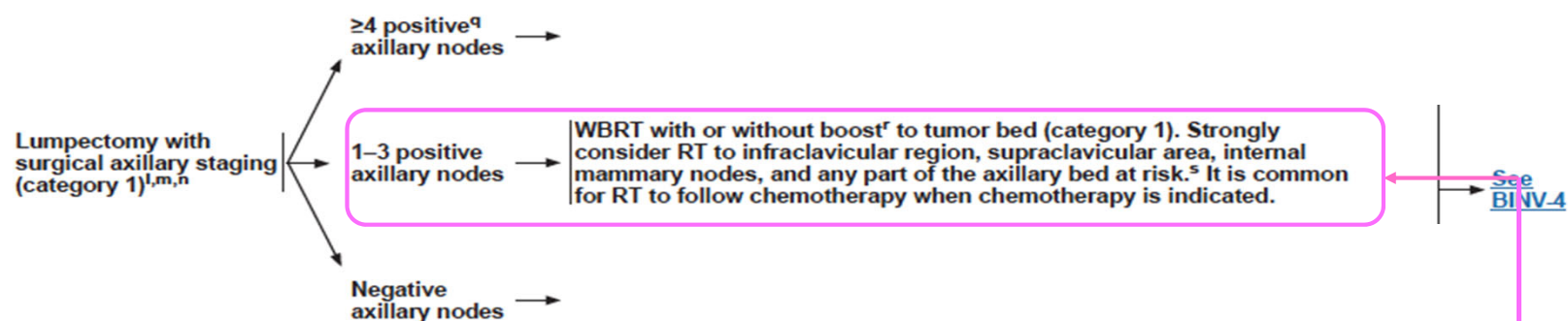
- Recommendation to 'Strongly consider regional nodal RT with WBRT' based on 2 phase III trials, MA-20 and EORTC that have demonstrate improved distant metastatic event free survival when RT is delivered to regional nodes
- Regional nodes defined as supra/infraclavicular, internal mammary, and undissected axilla
- The algorithm doesn't address lower risk patients with 1-3+ nodes



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NCCN Guidelines Version 5.2020 Invasive Breast Cancer

LOCOREGIONAL TREATMENT OF T1–3,N0–1,M0 DISEASE^a



Total mastectomy with surgical axillary staging^{l,m,o} (category 1) ± reconstruction^p → [See Locoregional Treatment \(BINV-3\)](#)

^a For tools to aid optimal assessment and management of older adults, see [NCCN Guidelines for Older Adult Oncology](#).

^l See [Surgical](#).

^m See [Axillary](#).

ⁿ See [Special](#).

^o Except as out-

and [Pancreatic](#) and the [NCCN Guidelines for Breast Cancer Risk Reduction](#), prophylactic mastectomy of a breast contralateral to a known unilateral breast cancer is discouraged. When considered, the small benefits from contralateral prophylactic mastectomy for women with unilateral breast cancer must be balanced with the risk of recurrent disease from the known ipsilateral breast cancer, psychological and social issues of bilateral mastectomy, and the risks of contralateral mastectomy. The use of a prophylactic mastectomy contralateral to a breast treated with breast-conserving therapy is very strongly discouraged.

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^s Consider tangents/high tangents for patients who meet ACOSOG Z0011 criteria.

^t [Breast Reconstruction Following](#).

^u g for systemic staging, including chest/

ic diagnostic CT with contrast, bone

al FDG PET/CT ([See BINV-1](#)).

[Radiation Therapy \(BINV-I\)](#).

⁵ Consider tangents/high tangents for patients who meet ACOSOG Z0011 criteria.

^f PBI may be administered prior to chemotherapy.

^u Breast irradiation may be omitted in patients ≥70 y of age with ER-positive, clinically node-negative, T1 tumors who receive adjuvant endocrine therapy (category 1).

ACOSOG Z0011 10 yr. Outcomes

cN0→T1/T2
Up to 2+ SLN

SLN + WBRT + ALND

*Protocol: Tangents only

SLN alone + WBRT

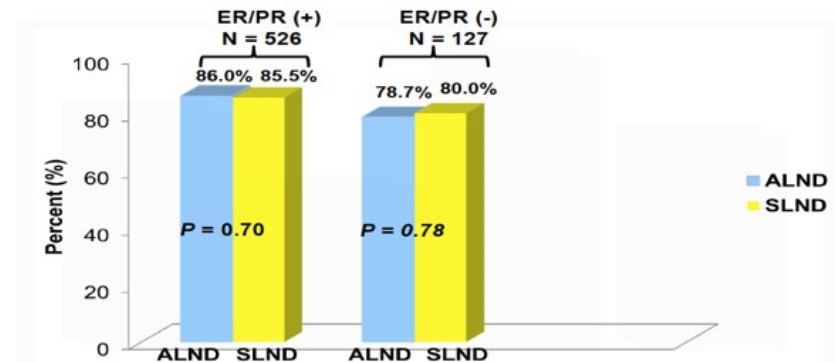
Primary Endpoints:

- Overall Survival
- Morbidity
- LR and nodal rec

10 yr LR recurrence: (p = 0.36)
6.2% ALND vs. 5.3% SLND

10 yr nodal recurrences: (p = 0.28)
0.5% ALND vs. 1.5% in the SLND

ER/PR and 10-Year Overall Survival ACOSOG Z0011



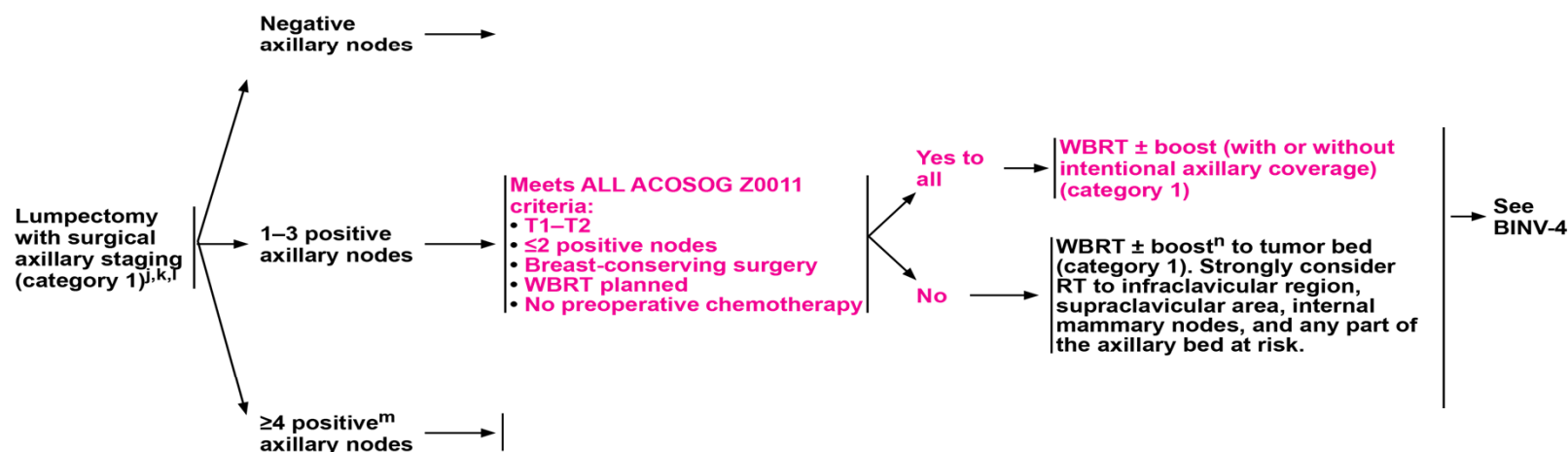
Giuliano et. al., JAMA, 2017

ACOSOG Z0011 10 yr. Outcomes

- Despite criticisms of this trial:
 - Major deviations in the protocol: +SC Field: >20%; High Tangents:>50%; >10% did not get any WBRT
 - Not powered to show statistically significant differences; incomplete accrual
- Nodal relapses very rare (<2%) & LR relapses similarly low (<7%) @ 10 yrs
- Findings strongly suggest in this Z0011 population:
 - Irrespective of axillary adjuvant therapy (RT to axilla /completion ALND/no tx) axillary rec are rare
 - This population does not warrant more aggressive axillary treatment
 - ER negative dx (in and of itself) should not be an indication for more aggressive axillary tx



LOCOREGIONAL TREATMENT OF cT1–3, cN0 or cN+, M0 DISEASE:^a BREAST-CONSERVING THERAPY



^a For tools to aid optimal assessment and management, see the NCCN Guidelines for Older Adult Oncology.

^j See Surgical Axillary Staging (BINV-D).

^k See Axillary Lymph Node Staging (BINV-E) and Margin Status Recommendations After Breast-Conserving Surgery for Invasive Cancers and DCIS (BINV-F).

^l See Special Considerations to Breast-Conserving Therapy Requiring Radiation Therapy (BINV-G).

^m Consider imaging for systemic staging, including chest/abdominal ± pelvic diagnostic CT with contrast, bone scan, and optional FDG PET/CT.

ⁿ See Principles of Radiation Therapy (BINV-I).

^o APBI may be administered prior to chemotherapy.

BINV-I: Principles of Radiation Therapy:



PRINCIPLES OF RADIATION THERAPY

Optimizing Delivery of Individual Therapy

- It is important to individualize RT planning and delivery.
 - ▶ CT-based treatment planning is encouraged to delineate target volumes and adjacent organs at risk.
 - ▶ Radiation to the breast/chest wall and nodal regions is generally delivered with photons ± electrons.
 - ▶ Greater target dose homogeneity and sparing of normal tissues can be accomplished using compensators such as wedges, forward planning using segments, and intensity-modulated RT (IMRT).
 - ▶ Respiratory control techniques including deep inspiration breath-hold and prone positioning may be used to try to further reduce dose to adjacent heart and lung and adjacent normal tissue.
 - ▶ Boost treatment in the setting of breast conservation can be delivered using enface electrons, photons, or brachytherapy. Chest wall scar boost when indicated is typically treated with electrons or photons.
 - ▶ Verification of daily setup consistency is done with weekly imaging. When using certain techniques (ie, prone breast), more frequent imaging may be appropriate. Routine use of daily imaging is not recommended.

Whole Breast Radiation

- Target definition is the breast tissue in entirety.
- RT dosing:
 - ▶ The whole breast should receive a dose of 45–50.4 Gy in 25–28 fractions or 40–42.5 Gy in 15–16 fractions (hypofractionation is preferred).
 - ▶ A boost to the tumor bed is recommended in patients at higher risk for recurrence. Typical boost doses are 10–16 Gy in 4–8 fractions.
- All dose schedules are given 5 days per week.

Chest Wall Radiation (including breast reconstruction)

- The target includes the ipsilateral chest wall, mastectomy scar, and drain sites when indicated.
 - ▶ Depending on whether or not the patient has had breast reconstruction, several techniques using photons and/or electrons are appropriate.
 - ▶ CT-based treatment planning is encouraged in order to identify lung and heart volumes and minimize exposure of these organs.
 - ▶ Special consideration should be given to the use of bolus material to ensure that the skin dose is adequate.
- RT dosing:
 - ◊ Dose is 45–50.4 Gy in 25–28 fractions to the chest wall ± scar boost, at 1.8–2 Gy per fraction, to a total dose of approximately 60 Gy.
- All dose schedules are given 5 days per week.

Regional Nodal Radiation

- Target delineation is best achieved by the use of CT-based treatment planning.
 - ▶ For the paraclavicular and axillary nodes, prescription depth varies based on the patient anatomy.
 - ▶ For internal mammary node identification, the internal mammary artery and vein can be used as a surrogate for the nodal location (as the nodes themselves are not usually visible on planning imaging). Based on the post-mastectomy radiation randomized studies and recent trials, RT of the internal mammary nodal chain to include the first 3 intercostal spaces should be strongly considered when delivering regional nodal irradiation. When treating the internal mammary nodes, dose-volume histograms (DVHs) should be used to evaluate dose constraints, dose to normal tissues (ie, heart, lung), and planned target volumes (PTVs).
- RT dosing:
 - ◊ Dose is 45–50.4 Gy in 25–28 fractions to the regional nodal fields.
- All dose schedules are given 5 days per week.

Accelerated Partial Breast Irradiation (APBI)

- Studies of APBI suggest that rates of local control in selected low-risk patients with early-stage breast cancer may be comparable to those treated with standard WBRT. However, compared to standard WBRT, several studies document an inferior cosmetic outcome with APBI. Follow-up is limited and studies are ongoing.
- Patients are encouraged to participate in clinical trials.
- The NCCN Panel accepts the updated 2016 version of the ASTRO APBI guideline, which now defines patients “suitable” for APBI to be one of the following:
 - ◊ 1) ≥50 years with invasive ductal carcinoma measuring ≤2 cm (T1 disease) with negative margin widths of ≥2 mm, no LVI, ER-positive, and BRCA negative; or
 - ◊ 2) low/intermediate nuclear grade, screening-detected DCIS measuring size ≤2.5 cm with negative margin widths of ≥3 mm.
- RT dosing:
 - ◊ A course of 34 Gy in 10 fractions delivered twice per day with brachytherapy or 38.5 Gy in 10 fractions delivered twice per day with external beam photon therapy is typically prescribed to the tumor bed.
 - ◊ Other fractionation schemes are currently under investigation.

Preoperative Systemic Therapy

- In patients treated with preoperative systemic therapy, adjuvant RT is based on the maximal disease stage (ie, clinical stage, pathologic stage, tumor characteristics) at diagnosis (before preoperative systemic therapy) and pathology results after preoperative systemic therapy.

Note: All recommendations are category 2A unless otherwise indicated.

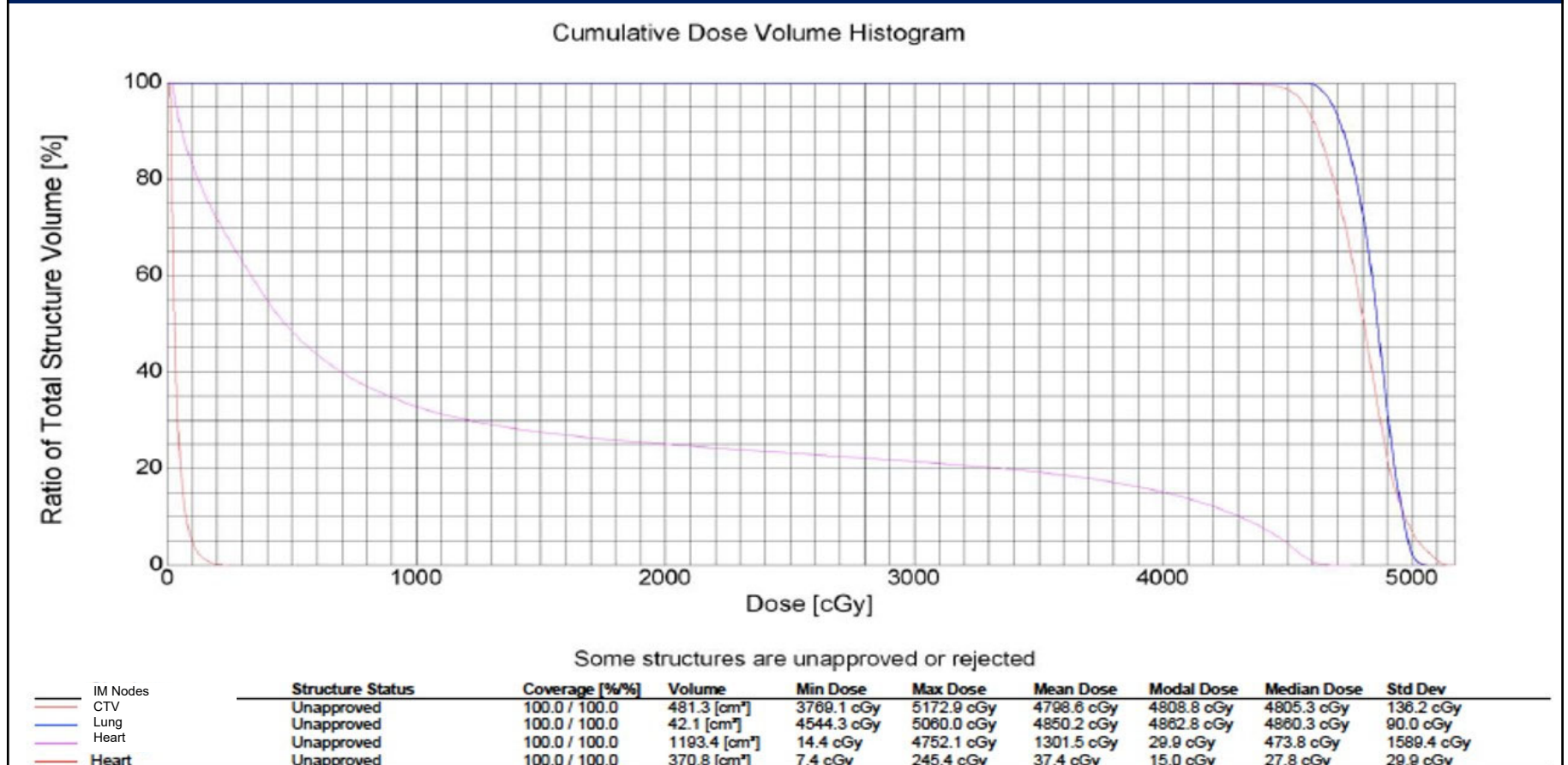
Clinical Trials: NCCN believes that the best management of any patient with cancer is in a clinical trial. Participation in clinical trials is especially encouraged.



Optimizing Delivery of Individual Therapy

- It is important to individualize RT planning and delivery.
 - CT-based treatment planning should be routinely utilized to delineate target volumes and adjacent organs at risk.
 - Radiation to the breast/chest wall and nodal regions is generally delivered with single energy or mixed energy photons \pm electrons.
 - Improved homogeneity of the target dose and sparing of normal tissues can be accomplished using compensators such as wedges, forward planning using segments, and intensity-modulated RT (IMRT).
 - Additional techniques such as respiratory control (deep inspiration breath-hold), prone positioning, cardiac blocks may also be used to try to further reduce dose to heart, lung, and adjacent normal tissue.
 - Verification of treatment setup consistency is done with weekly imaging. When using certain techniques (ie, prone breast), more frequent imaging may be appropriate. Standard utilization of daily imaging is not recommended.
 - **When treating the internal mammary nodes, dose-volume histograms (DVHs) should be used to evaluate dose constraints, dose to normal tissues (ie, heart, lung), and planning target volumes (PTVs).**
- It is common for RT to follow chemotherapy when chemotherapy is indicated.

Dose Volume Histogram





American Society for Radiation Oncology



Five Things Physicians and Patients Should Question

Don't initiate whole breast radiotherapy as a part of breast conservation therapy in women age ≥ 50 with early stage invasive breast cancer without considering shorter treatment schedules.



PRINCIPLES OF RADIATION THERAPY

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Note: All recommendations are category 2A unless otherwise indicated.

Clinical Trials: NCCN believes that the best management of any patient with cancer is in a clinical trial. Participation in clinical trials is especially encouraged.

ASTRO hWBRT Consensus 2011

Factor	2011 Guideline	2018 Guideline
Age	>50 years	Any
Stage	T1 or T2, N0	Any, provided only WBRT
Chemotherapy	No	Yes
Dose homogeneity	+/- 7% of the central axis	Volume >105% should be minimized

Smith B, Int J Radiat Bio Phy 2011

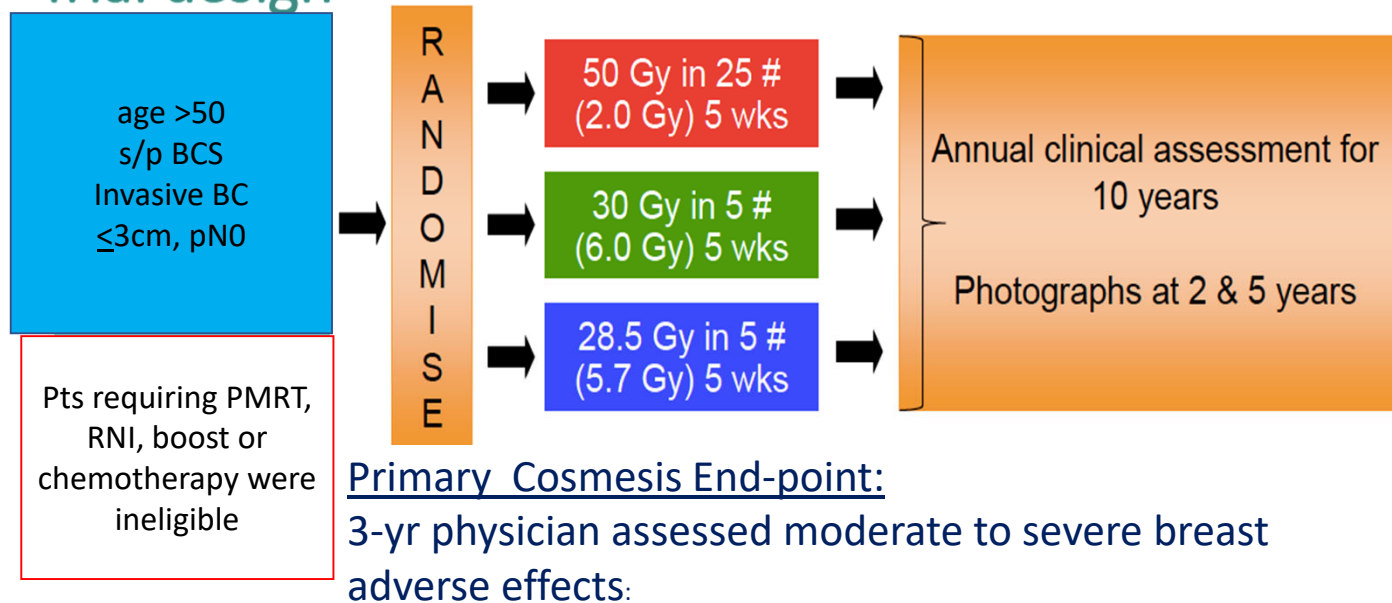
Smith B, PRO, 2018

Almost all patient receiving WBRT alone (without regional nodal radiation)
are eligible for moderately hWBRT

FAST Trial

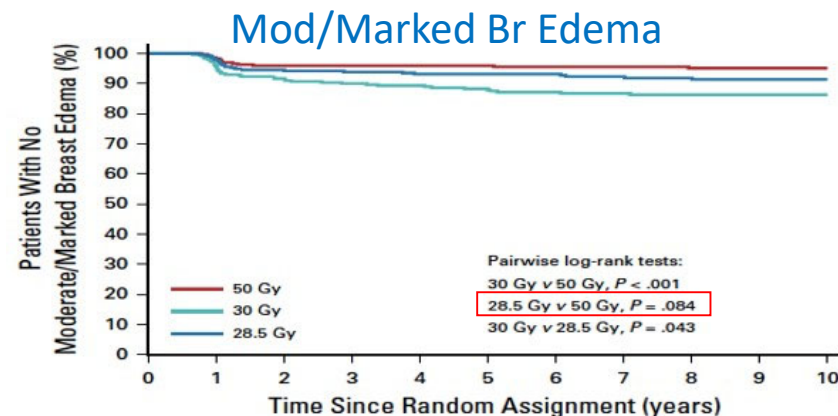
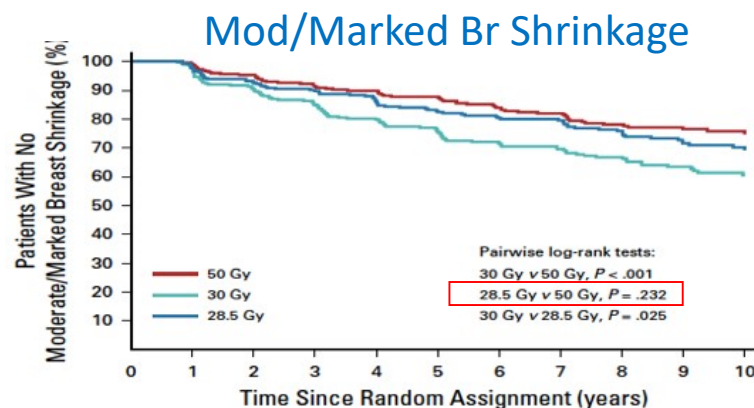
FAST Trial (CRUKE/04/015)

Trial design

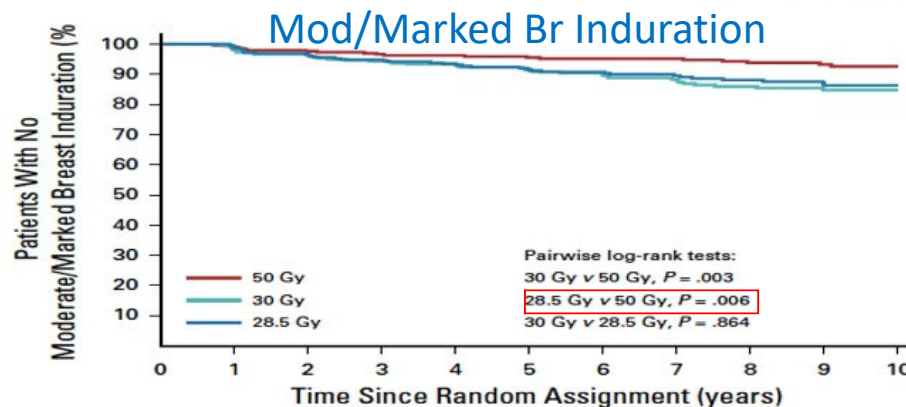


Agarwal, et al. Radiother Oncol. 2011 Jul;100(1):93-100
Brunt AM, et al JCO July 2020

FAST Trial: 10 yr. Follow-up



10 Year Cum
LR 1.3%



Brunt AM, et al JCO July 2020

FAST-Forward Trial: 5 yr Follow-up

Trial design

-Invasive cancers
-Age ≥ 18 years
-(pT1–3, pN0–1)
-BCT or
Mastectomy
-chemotherapy
allowed (NAC or
adjuvant)

R
A
N
D
O
M
I
S
E

40 Gy in 15
(2.67 Gy fx)

27 Gy in 5
(5.4 Gy fx)

26 Gy in 5
(5.2 Gy fx)

Annual clinical assessment for
10 years

Photographs at 2 & 5 years

- Breast or CW
- Protocol mandated 3D-CT planning

Dose constraints (5 fx):

PTV: 95% of PTV should get 95% prescribed dose

$V_{8\text{ Gy}}$ ipsilateral lung: $\leq 15\%$

$V_{7\text{ Gy}}$ heart: $\leq 5\%$ and $V_{1.5\text{ Gy}}$ heart: $\leq 30\%$

Dmax of $\leq 110\%$

Brunt AM, et al Lancet April 2020

FAST-Forward Trial: 5 yr. Outcomes

	40 Gy in 15 fractions (n=1361)	27 Gy in five fractions (n=1367)	26 Gy in five fractions (n=1368)
Local tumour control event (primary endpoint)*	31 (2.3%)	27 (2.0%)	21 (1.5%)
Local relapse	23 (1.7%)	22 (1.6%)	17 (1.2%)
Ipsilateral breast, new primary	6 (0.4%)	3 (0.2%)	4 (0.3%)
Cannot differentiate	2 (0.1%)	2 (0.1%)	0
Regional relapse	13 (1.0%)	11 (0.8%)	10 (0.7%)
Distant relapse	59 (4.3%)	69 (5.0%)	76 (5.5%)

- Local relapse: Non-inferiority bt 3 arms
- No detectable dose response bt 26 Gy and 27 Gy arms
- Patient & clinician-assessed normal tissue effects:
 - 26 Gy/5.2 Gy fx = 40 Gy/15
 - 26 Gy/5.2 Gy fx better than 27 Gy/5.4 Gy
 - 26Gy less mod/severe toxicity

Brunt AM, et al Lancet April 2020



Whole Breast Radiation

- Target definition is the breast tissue in entirety.
- RT dosing:
 - The whole breast should receive a hypofractionated dose of 40–42.5 Gy in 15–16 fractions; in selected cases 45–50.4 Gy in 25–28 fractions may be considered.
 - A boost to the tumor bed is recommended in patients at higher risk for recurrence. Typical boost doses are 10–16 Gy in 4–8 fractions.
- Lumpectomy cavity boost can be delivered using enface electrons, photons, or brachytherapy.
- For patients who require a more limited number of treatment visits for WBRT delivery, ultra-hypofractionated WBRT of 28.5 Gy delivered as 5 (once-a-week) fractions, may be considered in selected patients aged ≥50 years following BCS with pTis/T1/T2/N0 tumors. However, late toxicity effects beyond 10 years are not currently defined.¹
 - The optimal fractionation for the delivery of a boost is not known for this regimen.
 - 3-D planning to minimize inhomogeneity and exposure to heart and lung is essential when using this regimen.

¹ Brunt AM, Haviland JS, Sydenham M, et al. Ten-year results of FAST: A randomized controlled trial of 5-fraction whole-breast radiotherapy for early breast cancer. *J Clin Oncol* 2020;38(28):3261-3272.



PRINCIPLES OF RADIATION THERAPY

Optimizing Delivery of Individual Therapy

- It is important to individualize RT planning and delivery.
 - ▶ CT-based treatment planning is encouraged to delineate target volumes and adjacent organs at risk.
 - ▶ Radiation to the breast/chest wall and nodal regions is generally delivered with photons ± electrons.
 - ▶ Greater target dose homogeneity and sparing of normal tissues can be accomplished using compensators such as wedges, forward planning using segments, and intensity-modulated RT (IMRT).
 - ▶ Respiratory control techniques including deep inspiration breath-hold and prone positioning may be used to try to further reduce dose to adjacent heart and lung and adjacent normal tissue.
 - ▶ Boost treatment in the setting of breast conservation can be delivered using enface electrons, photons, or brachytherapy. Chest wall scar boost when indicated is typically treated with electrons or photons.
 - ▶ Verification of daily setup consistency is done with weekly imaging. When using certain techniques (ie, prone breast), more frequent imaging may be appropriate. Routine use of daily imaging is not recommended.

Whole Breast Radiation

- Target definition is the breast tissue in entirety.
- RT dosing:
 - ▶ The whole breast should receive a dose of 45–50.4 Gy in 25–28 fractions or 40–42.5 Gy in 15–16 fractions (hypofractionation is preferred).
 - ▶ A boost to the tumor bed is recommended in patients at higher risk for recurrence. Typical boost doses are 10–16 Gy in 4–8 fractions.
- All dose schedules are given 5 days per week.

Chest Wall Radiation (including breast reconstruction)

- The target includes the ipsilateral chest wall, mastectomy scar, and drain sites when indicated.
 - ▶ Depending on whether or not the patient has had breast reconstruction, several techniques using photons and/or electrons are appropriate.
 - ▶ CT-based treatment planning is encouraged in order to identify lung and heart volumes and minimize exposure of these organs.
 - ▶ Special consideration should be given to the use of bolus material to ensure that the skin dose is adequate.
 - ▶ RT dosing:
 - ◊ Dose is 45–50.4 Gy in 25–28 fractions to the chest wall ± scar boost, at 1.8–2 Gy per fraction, to a total dose of approximately 60 Gy.
- All dose schedules are given 5 days per week.

Regional Nodal Radiation

- Target delineation is best achieved by the use of CT-based treatment planning.
 - ▶ For the paraclavicular and axillary nodes, prescription depth varies based on the patient anatomy.
 - ▶ For internal mammary node identification, the internal mammary artery and vein can be used as a surrogate for the nodal location (as the nodes themselves are not usually visible on planning imaging). Based on the post-mastectomy radiation randomized studies and recent trials, RT of the internal mammary nodal chain to include the first 3 intercostal spaces should be strongly considered when delivering regional nodal irradiation. When treating the internal mammary nodes, dose-volume histograms (DVHs) should be used to evaluate dose constraints, dose to normal tissues (ie, heart, lung), and planned target volumes (PTVs).
 - ▶ RT dosing:
 - ◊ Dose is 45–50.4 Gy in 25–28 fractions to the regional nodal fields.
 - ▶ All dose schedules are given 5 days per week.

Accelerated Partial Breast Irradiation (APBI)

- Studies of APBI suggest that rates of local control in selected low-risk patients with early-stage breast cancer may be comparable to those treated with standard WBRT. However, compared to standard WBRT, several studies document an inferior cosmetic outcome with APBI. Follow-up is limited and studies are ongoing.
 - ▶ Patients are encouraged to participate in clinical trials.
 - ▶ The NCCN Panel accepts the updated 2016 version of the ASTRO APBI guideline, which now defines patients “suitable” for APBI to be one of the following:
 - ◊ 1) ≥50 years with invasive ductal carcinoma measuring ≤2 cm (T1 disease) with negative margin widths of ≥2 mm, no LVI, ER-positive, and BRCA negative; or
 - ◊ 2) low/intermediate nuclear grade, screening-detected DCIS measuring size ≤2.5 cm with negative margin widths of ≥3 mm.
 - ▶ RT dosing:
 - ◊ A course of 34 Gy in 10 fractions delivered twice per day with brachytherapy or 38.5 Gy in 10 fractions delivered twice per day with external beam photon therapy is typically prescribed to the tumor bed.
 - ◊ Other fractionation schemes are currently under investigation.

Preoperative Systemic Therapy

- In patients treated with preoperative systemic therapy, adjuvant RT is based on the maximal disease stage (ie, clinical stage, pathologic stage, tumor characteristics) at diagnosis (before preoperative systemic therapy) and pathology results after preoperative systemic therapy.

Note: All recommendations are category 2A unless otherwise indicated.

Clinical Trials: NCCN believes that the best management of any patient with cancer is in a clinical trial. Participation in clinical trials is especially encouraged.



PRINCIPLES OF RADIATION THERAPY

Chest Wall Radiation (including breast reconstruction)

- The target includes the ipsilateral chest wall, mastectomy scar, and drain sites when indicated.
 - Depending on whether or not the patient has had breast reconstruction, several techniques using photons and/or electrons are appropriate.
 - Special consideration should be given to the use of bolus material to ensure that the skin dose is adequate, particularly in the case of inflammatory breast cancer.
 - RT dosing:
 - ◊ Dose is 45–50.4 Gy in 25–28 fractions to the chest wall ± scar boost, at 1.8–2 Gy per fraction, to a total dose of approximately 60–66 Gy.
- Chest wall scar boost may be delivered with or without bolus using electrons or photons.



PRINCIPLES OF RADIATION THERAPY

Optimizing Delivery of Individual Therapy

- It is important to individualize RT planning and delivery.
 - ▶ CT-based treatment planning is encouraged to delineate target volumes and adjacent organs at risk.
 - ▶ Radiation to the breast/chest wall and nodal regions is generally delivered with photons ± electrons.
 - ▶ Greater target dose homogeneity and sparing of normal tissues can be accomplished using compensators such as wedges, forward planning using segments, and intensity-modulated RT (IMRT).
 - ▶ Respiratory control techniques including deep inspiration breath-hold and prone positioning may be used to try to further reduce dose to adjacent heart and lung and adjacent normal tissue.
 - ▶ Boost treatment in the setting of breast conservation can be delivered using enface electrons, photons, or brachytherapy. Chest wall scar boost when indicated is typically treated with electrons or photons.
 - ▶ Verification of daily setup consistency is done with weekly imaging. When using certain techniques (ie, prone breast), more frequent imaging may be appropriate. Routine use of daily imaging is not recommended.

Whole Breast Radiation

- Target definition is the breast tissue in entirety.
- RT dosing:
 - ▶ The whole breast should receive a dose of 45–50.4 Gy in 25–28 fractions or 40–42.5 Gy in 15–16 fractions (hypofractionation is preferred).
 - ▶ A boost to the tumor bed is recommended in patients at higher risk for recurrence. Typical boost doses are 10–16 Gy in 4–8 fractions.
- All dose schedules are given 5 days per week.

Chest Wall Radiation (including breast reconstruction)

- The target includes the ipsilateral chest wall, mastectomy scar, and drain sites when indicated.
 - ▶ Depending on whether or not the patient has had breast reconstruction, several techniques using photons and/or electrons are appropriate.
 - ▶ CT-based treatment planning is encouraged in order to identify lung and heart volumes and minimize exposure of these organs.
 - ▶ Special consideration should be given to the use of bolus material to ensure that the skin dose is adequate.
- RT dosing:
 - ◊ Dose is 45–50.4 Gy in 25–28 fractions to the chest wall ± scar boost, at 1.8–2 Gy per fraction, to a total dose of approximately 60 Gy.
- All dose schedules are given 5 days per week.

Regional Nodal Radiation

- Target delineation is best achieved by the use of CT-based treatment planning.
 - ▶ For the paraclavicular and axillary nodes, prescription depth varies based on the patient anatomy.
 - ▶ For internal mammary node identification, the internal mammary artery and vein can be used as a surrogate for the nodal location (as the nodes themselves are not usually visible on planning imaging). Based on the post-mastectomy radiation randomized studies and recent trials, RT of the internal mammary nodal chain to include the first 3 intercostal spaces should be strongly considered when delivering regional nodal irradiation. When treating the internal mammary nodes, dose-volume histograms (DVHs) should be used to evaluate dose constraints, dose to normal tissues (ie, heart, lung), and planned target volumes (PTVs).
- RT dosing:
 - ◊ Dose is 45–50.4 Gy in 25–28 fractions to the regional nodal fields.
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Accelerated Partial Breast Irradiation (APBI)

- Studies of APBI suggest that rates of local control in selected low-risk patients with early-stage breast cancer may be comparable to those treated with standard WBRT. However, compared to standard WBRT, several studies document an inferior cosmetic outcome with APBI. Follow-up is limited and studies are ongoing.
- Patients are encouraged to participate in clinical trials.
- The NCCN Panel accepts the updated 2016 version of the ASTRO APBI guideline, which now defines patients “suitable” for APBI to be one of the following:
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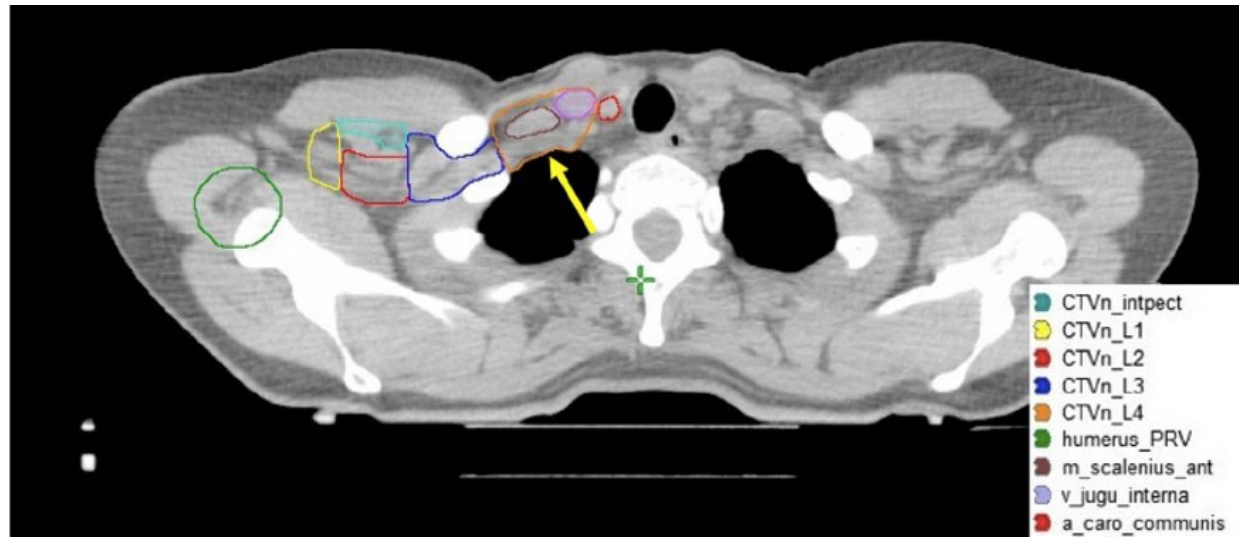
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Multiple Breast Atlases Available to Contour Nodes at Risk





Regional Nodal Radiation

- For paraclavicular and axillary nodes, prescription depth varies based on the patient anatomy.
- **Regional nodes should be contoured when considering regional nodal RT. Refer to breast atlases for contouring guidelines.**^{2,3}
- RT dosing:
 - Dose is 45–50.4 Gy in 25–28 fractions to the regional nodal fields.
 - **A supplemental boost of RT can be delivered to grossly involved or enlarged lymph nodes (ie, internal mammary or clavicular) that have not been surgically addressed.**

² Offersen BV, Boersma LJ, Kirkove C, et al. ESTRO consensus guideline on target volume delineation for elective radiation therapy of early stage breast cancer. *Radiother Oncol* 2015;114(1):3-10.

³ Gentile MS, Usman AA, Neuschler EI, et al. Contouring guidelines for the axillary lymph nodes for the delivery of radiation therapy in breast cancer: Evaluation of the RTOG Breast Cancer Atlas. *Int J Radiat Oncol Biol Phys* 2015;93(2):257-265.



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ASTRO APBI Consensus “Suitable” 2009 vs. 2016 Criteria

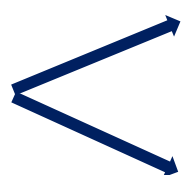
Factor	2009 Guideline	2016 Guideline
Age	>60 years	>50
Margins	Negative by at least 2mm	Negative by at least 2mm
Stage	T1 only	T1 or Tis
Histology	IDC	IDC
LVI	No	No
DCIS	Not Allowed	If following criteria are met: <ul style="list-style-type: none"> • Screen detected • G1 or GII • Size <2.5 cm • Margins >3mm

Smith B, Int J Radiat Bio Phy 2011

Correa PRO, 2016

Florence APBI-IMRT Trial: 10 yr Follow-up

N=520



WBRT (50 Gy)

APBI-IMRT
(30 Gy/6 Gy qod)

Treatment Details:

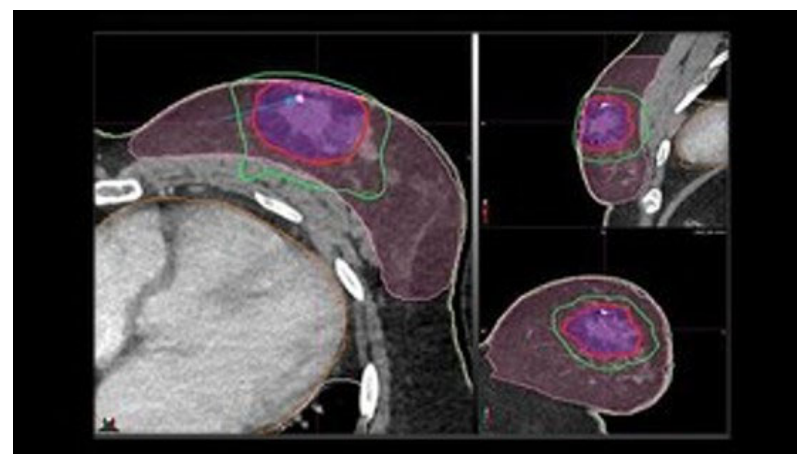
- Co-planar VMAT/IMRT plan
- ~2-cm around surgical clips
- 5 step and shoot fields

Primary Endpoints:

- IBTR

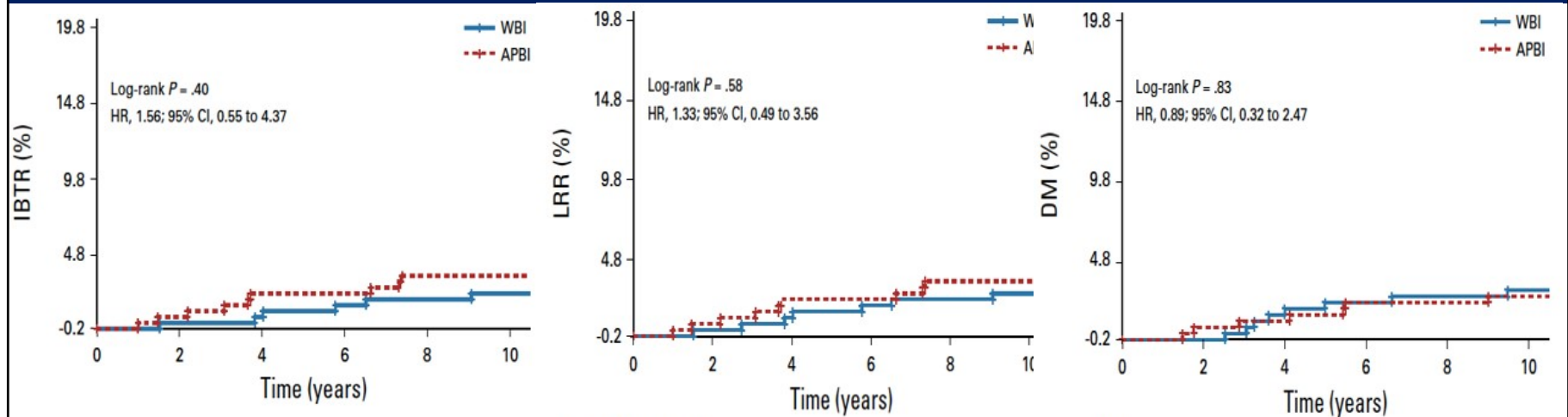
ASTRO Risk class

suitable	133 (51.2)	113 (43.5)
cautionary	74 (28.5)	79 (30.4)
unsuitable	53 (20.3)	68 (26.1))



Meattini, I 2020 JCO

Florence APBI-IMRT Trial 10 yr.



Very low risk <5% for IBTR, LRR and DM in both arms

No difference in cosmetic outcomes

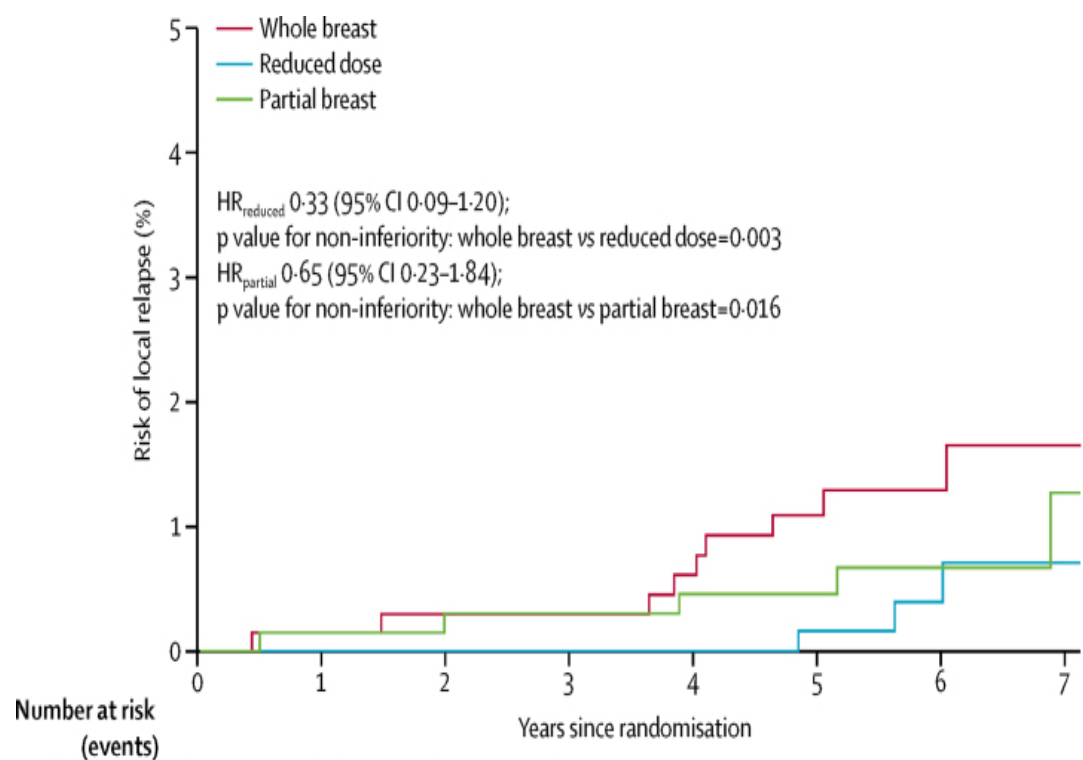
Benefits of this regimen:

- Once per day, every other day x 5 (others are BID)
- Some data suggest EBRT-based APBI have suggest worse cosmetic outcomes delivered BID
- QOD-no difference in cosmesis at 10 years

Meattini, I 2020 JCO

IMPORT-Low Trial

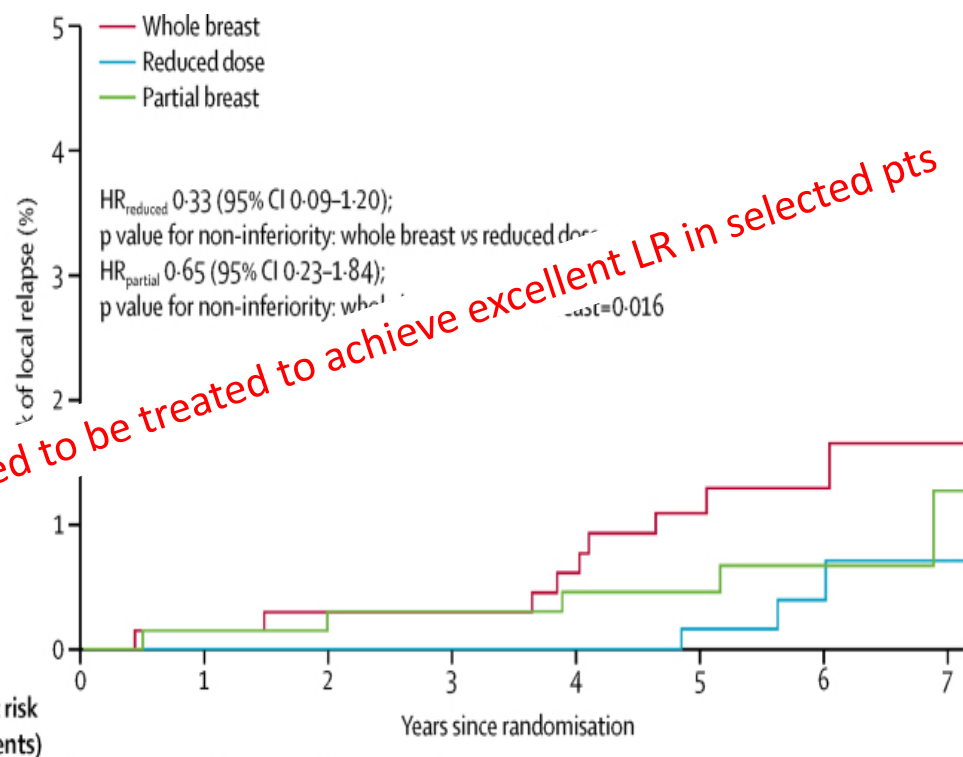
- 40 Gy/15 Whole Breast RT
- 40 Gy/15 Partial Breast RT
- 36Gy /40Gy Reduced dose



Coles, C 2017 Lancet

IMPORT-Low Trial

- 40 Gy/15 Whole Breast RT
- 40 Gy/15 Partial Breast RT
- 36Gy /40Gy Reduced dose



Coles, C 2017 Lancet

RAPID

8-year cumulative results:

APBI: strictly external beam

3.0% APBI vs. 2.8% WBRT
non-inferior

Worse cosmetic outcomes with EBRT

Whelan T, 2019 Lancet

NSABP B-39

10-year cumulative outcomes IBTR:

APBI: external beam
single-entry catheter
multi-entry catheter techniques

4.6% APBI vs. 3.9% cf WBRT
Not non-inferior

Not worse cosmetic outcomes
w/EBRT APBI

Vicini F, 2019 Lancet



PRINCIPLES OF RADIATION THERAPY

Accelerated Partial Breast Irradiation (APBI)

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- Patients are encouraged to participate in clinical trials.
- The NCCN Panel accepts the updated 2016 version of the ASTRO APBI guideline consensus statement, which now defines patients age ≥ 50 years to be considered "suitable" for APBI if:
 - Invasive ductal carcinoma measuring ≤ 2 cm (pT1 disease) with negative margin widths of ≥ 2 mm, no LVI, ER-positive, and BRCA negative; or
 - Low/intermediate nuclear grade, screening-detected DCIS measuring size ≤ 2.5 cm with negative margin widths of ≥ 3 mm.

RT dosing

Regimen	Method	Reference
30 Gy/5 fractions QOD (preferred) * The protocol mandated IMRT.	External beam RT (EBRT)^a	Livi L, Meattini I, Marrazzo L, et al. Accelerated partial breast irradiation using intensity-modulated radiotherapy versus whole breast irradiation: 5-year survival analysis of a phase 3 randomised controlled trial. <i>Eur J Cancer</i> 2015;51:451-463. Meattini I, Marrazzo L, Saieva C, et al. Accelerated partial-breast irradiation compared with whole-breast irradiation for early breast cancer: Long-term results of the randomized phase III APBI-IMRT-Florence Trial. <i>J Clin Oncol</i> 2020;38:4175-4183.
40 Gy/15 fractions	EBRT	Coles CE, Griffin CL, Kirby AM, et al. Partial-breast radiotherapy after breast conservation surgery for patients with early breast cancer (UK IMPORT LOW trial): 5-year results from a multicentre, randomised, controlled, phase 3, non-inferiority trial. <i>Lancet</i> 2017;390:1048-1060.
34 Gy/10 fractions BID	Balloon/ Interstitial	Vicini FA, Cecchini RS, White JR, et al. Long-term primary results of accelerated partial breast irradiation after breast-conserving surgery for early-stage breast cancer: a randomised, phase 3, equivalence trial. <i>Lancet</i> 2019;394:2155-2164.
38.5 Gy/10 fractions BID	EBRT	Whelan TJ, Julian JA, Berrang TS, et al. External beam accelerated partial breast irradiation versus whole breast irradiation after breast conserving surgery in women with ductal carcinoma in situ and node-negative breast cancer (RAPID): a randomised controlled trial. <i>Lancet</i> 2019;394:2165-2172.

BINV-I
3 OF 3



National Comprehensive
Cancer Network®

NCCN Member Institutions

- **Who We Are**

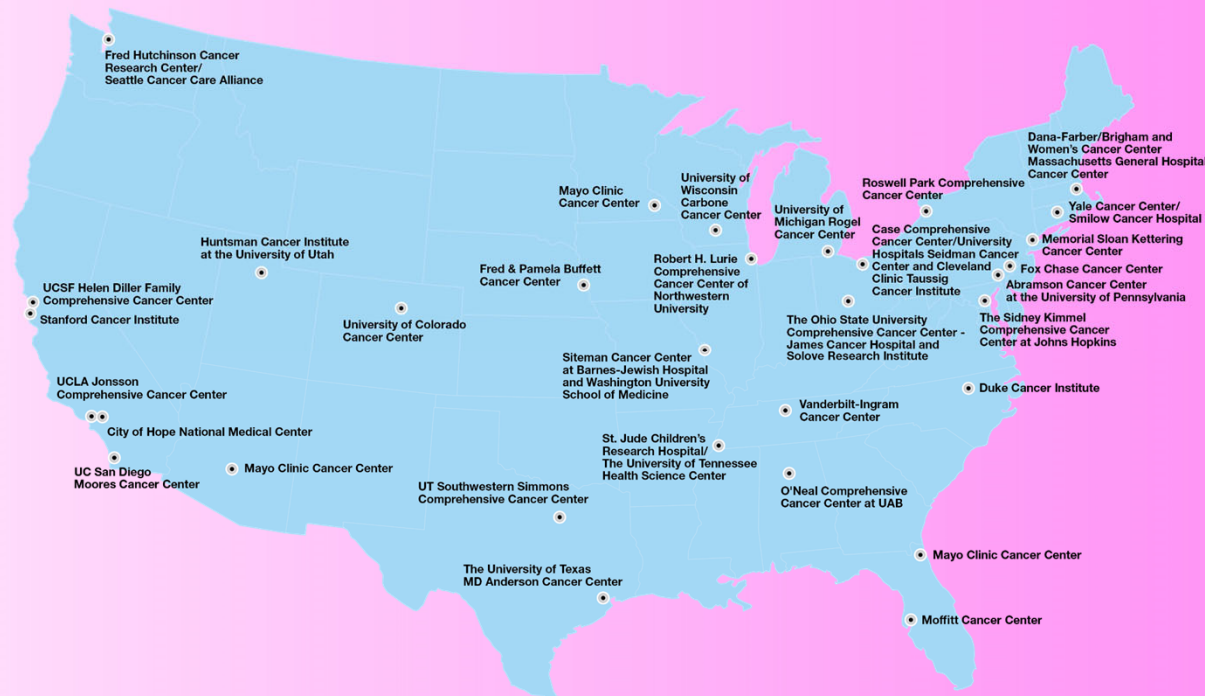
An alliance of leading cancer centers devoted to patient care, research, and education

- **Our Mission**

To improve and facilitate quality, effective, efficient, and accessible cancer care so patients can live better lives

- **Our Vision**

To define and advance high-quality, high-value, patient-centered cancer care globally



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