Wednesday, March 17, 2021 5:10 PM - 5:55 PM EDT

### The Importance of Mentorship

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### **Educational Objectives**

- Discuss the benefits of the mentor-mentee relationship
- Learn strategies to get the most out of this relationship
- Recognize the qualities and attributes of an appropriate mentor
- Learn how to identify the right "match"



#### **Some Buzz Words**

- Mentor
  - Traditional sense
  - Frequent meetings to provide feedback on papers, projects, career milestones
- Coach
  - Teaches how to improve in a specific skill or subject
  - Focus on narrow issues rather than overall growth
- Sponsor
  - Uses influence to make mentees more visible
  - Places reputation on the line when recommending junior colleagues
  - May not be directly visible to the mentee
- Connector
  - Pairs mentors, coaches and sponsors with mentees



### Where are you in your career development?







Advanced trainee (2nd year fellow or higher)

Junior faculty/professional (1-5 years in position)

0%

Mid-level faculty/professional (6-10 years in position)

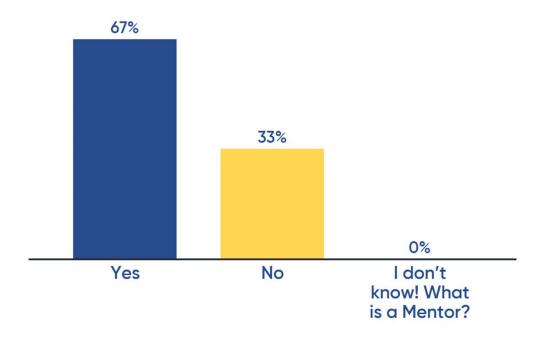
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Senior faculty/professional (>10 years in position)





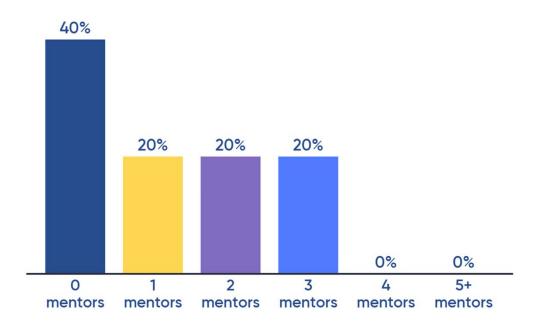
### Do you currently have a mentor?







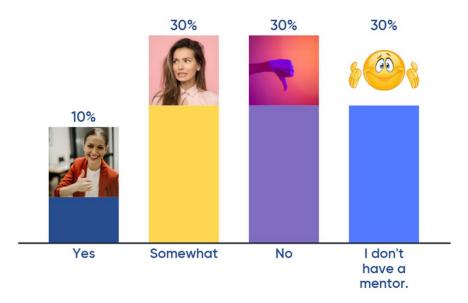
### How many mentors do you currently have?







## Do you feel your mentoring needs are being met by your current mentor(s)?







### How many mentors SHOULD you have?





1: One, all-encompassing mentor is all I require

2: One for research, one for career development



20%

3-5: Research, career development, day-to-day

6+: You can never have too many mentors!





### Whose responsibility is it to find you a mentor?

program

both yours and program

training program





### What is your primary motivation for having a mentor?



someone more
'experienced' to seek
advice or bounce
ideas off of

help me figure out how to develop my career Career guidance and promotion

Research support and guidance; professional development having someone to go to for advice

Career advice, development,

Career development

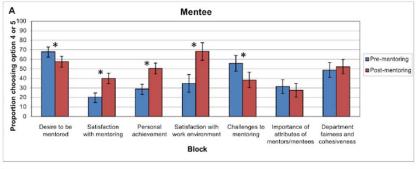


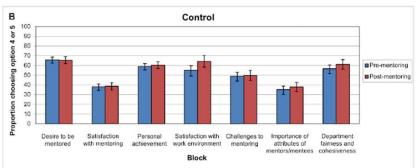


It had long since come to my attention that people of accomplishment rarely sat back and let things happen to them. They went out and happened to things.



# Long-term impact of a faculty mentoring program in academic medicine







Efstathiou JA, Drumm MR, et al. (2018) PLoS ONE 13(11): e0207634.

## What are 3 words you would use to describe your ideal mentoring structure?

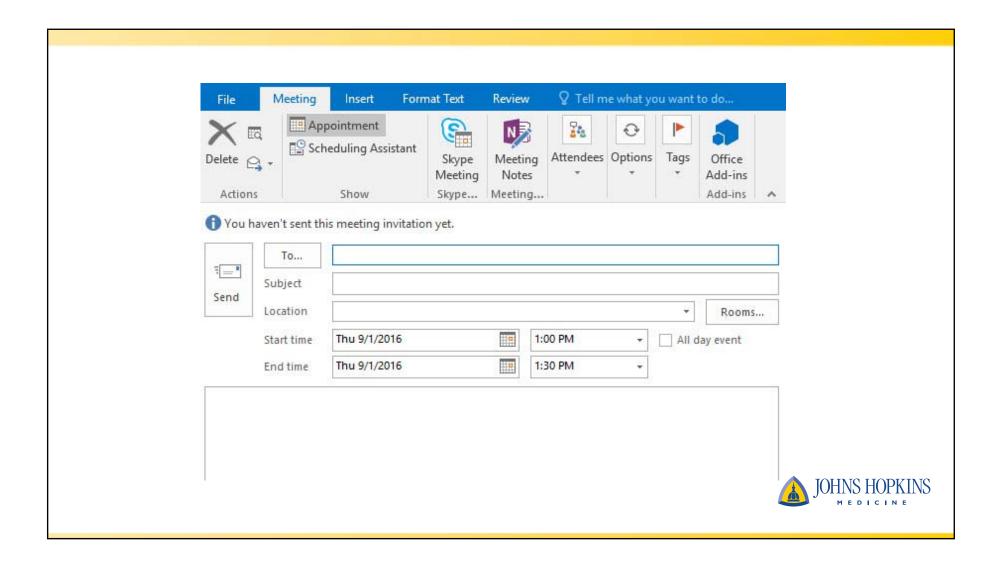


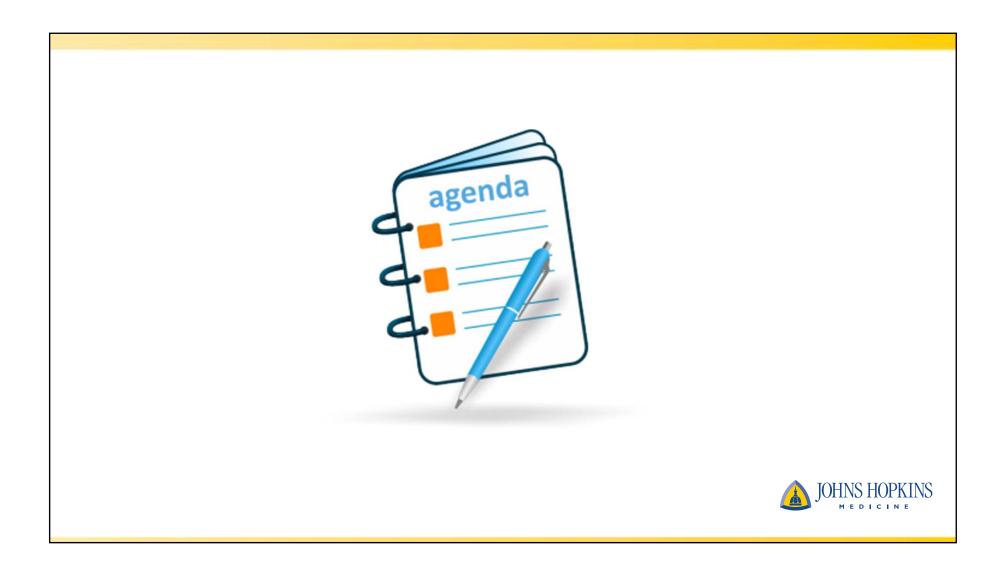












# What are 3 qualities you should look for in a good mentor?



knowledgeable

able to listen non-judgmental same career and life goal

supportive

accessible

knowledgable

similar to last

insightful





## Mentorship

The ASCO Virtual Mentoring Program is a yearlong program designed to support oncologists with unmet mentoring needs. It pairs oncologists with a mentor outside of their institution through virtual technology. This program is designed to support the individual learning, growth and professional development of each mentee.



# What do you perceive as the most challenging barrier to effective mentoring?



Time

unclear roles/willingness of mentee and mentor

feeling like I'm imposing on someone

Ego

Feel I may fail to meet their expectation by overpromising





### How can you be a good mentee?

set goals

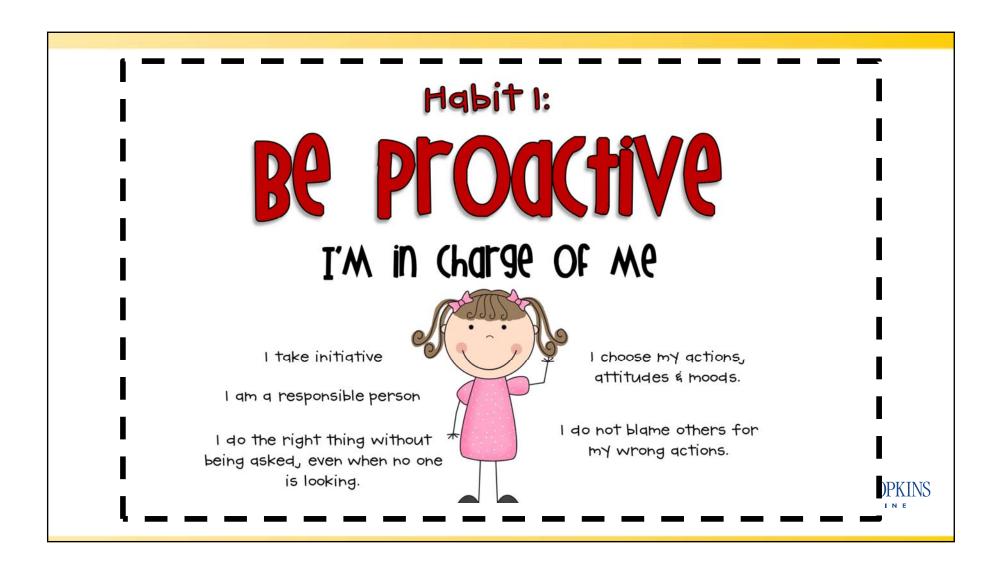
be honest

Motivated, Well-defined Goal, Communication Skill

Communication

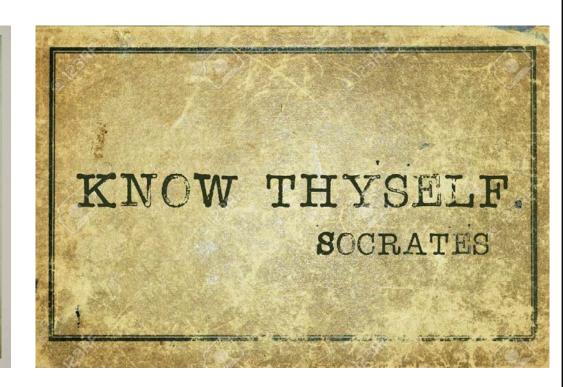






"Knowing yourself is the beginning of all wisdom."

-Aristotle





# What are 3 things you can do if the relationship is not working?

find another mentor
discuss what is wrong
tell them not a good fit
discuss with director
be honest





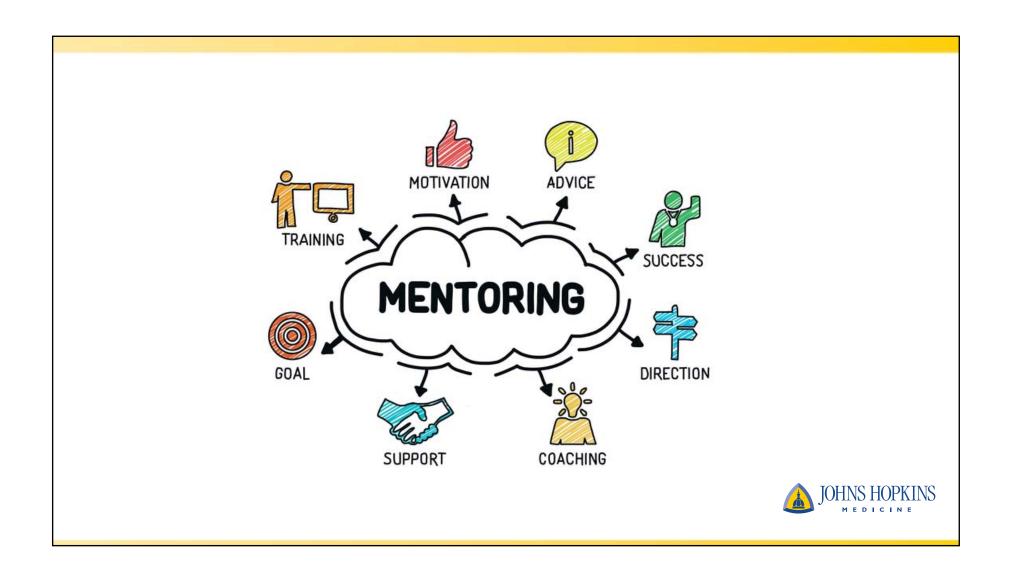
### **How to Say NO!**

- Never reply immediately
  - "Can I have a day or two to think about this?"
- Think carefully about the reasons for declining the advice
  - You do not need to decide immediately
- Provide the reason for declining the advice
  - Deadline
  - Over-commitment
  - Religion / Cultural
- Provide acceptable alternative
  - "That sounds like it would be perfect for Dr. Jones"



#### **Words Matter**

- Not "NO", just "NOT NOW"
  - "I'm not sure that fits with my overall mission but let me think about it"
- "In some ways that sounds like a good idea, but I'm not sure that's how I personally would feel comfortable handling it"
- "I agree with the overall concept, but I am not comfortable with doing it that specific way"
- "That doesn't work for me but I know Dr Jones...."





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