



## **Welcome to the NCCN 2021 Virtual Nursing Program**

NCCN would like to thank the outstanding faculty who are presenting and all of you for attending this educational event. We hope you find the information presented useful to your practice, and we encourage you to attend future NCCN educational initiatives.

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- 10:30 – 10:40 AM **Welcome**  
Kristina M. Gregory, RN, MSN, OCN  
Vice President, Clinical Information Operations  
*National Comprehensive Cancer Network*
- 10:40 – 11:25 AM **Cultivating Nursing Resilience during a Pandemic**  
Diana McMahon, MSN, RN, OCN  
*The Ohio State University Comprehensive Cancer Center –  
James Cancer Hospital and Solove Research Institute*
- 11:30 AM – 12:15 PM **Patient-Reported Outcomes:  
Assessment and Interventions to Improve Symptom Management**  
Jessie Holland, MSN, RN, OCN  
*Memorial Sloan Kettering Cancer Center*
- 12:15 – 12:35 PM **Break**
- 12:35 – 1:20 PM **Evolution of CAR T-Cell Therapy**  
Lauren M. Sullivan, MSN, RN, AGCNS-BC, OCN, BMTCN  
*Dana-Farber Cancer Institute*
- 1:25 – 2:10 PM **Keeping up with the Molecular Targets in the  
Treatment of Advanced Non-Small Cell Lung Cancer**  
Emily A. Skotte, MSN, APRN, ACNP-BC  
*Vanderbilt-Ingram Cancer Center*
- 2:15 – 3:00 PM **Navigating Treatment Selection for  
Patients with Advanced Ovarian Cancer**  
Paula Anastasia, RN, MN, AOCN  
*UCLA Health*
- 3:00 – 3:20 PM **Break**
- 3:20 – 4:04 PM **Current Clinical Challenges in Cancer Pain Management**  
Erin McMenamin, PhD, CRNP  
*Abramson Cancer Center at the University of Pennsylvania*
- 4:10 – 4:55 PM **Advancing Survivorship Care through Program Development**  
Rachael L. Schmidt, DNP, APRN, AOCNP  
*Fred & Pamela Buffett Cancer Center*
- 4:55 – 5:00 PM **Closing Remarks**  
Kristina M. Gregory, RN, MSN, OCN  
Vice President, Clinical Information Operations  
*National Comprehensive Cancer Network*

## **Program Overview**

The management of cancer is constantly evolving through the introduction of new developments related to cancer treatment and supportive care. This program will provide oncology nurses with comprehensive and clinically relevant information to optimize patient education and care.

The goal of the *NCCN 2021 Virtual Nursing Program: Advancing Oncology Nursing™* is to ensure that oncology nurses, as members of the interprofessional oncology care team, have the knowledge and skills necessary to apply the standards of care to their practice and health care settings for patients with cancer.

## **Intended Audience**

This educational program is designed to meet the educational needs of oncology nurses who manage patients with cancer.

## **Learning Objectives**

Following this program, participants should be able to:

### **Overall Program Objectives**

- Evaluate advances in the management of patients with cancer and key updates in the NCCN Clinical Practice Guidelines in Oncology (NCCN Guidelines®) and apply appropriate treatment and supportive care strategies to optimize patient education and care.
- Review issues related to Cultivating Nursing Resilience during a Pandemic; Patient-Reported Outcomes: Assessment and Interventions to Improve Symptom Management; CAR T-Cell Therapy Update; Keeping up with the Molecular Targets in the Treatment of Advanced Non-Small Cell Lung Cancer; Navigating Treatment Selection for Patients with Advanced Ovarian Cancer; Current Clinical Challenges in Cancer Pain Management; and, A Practical Approach to Building a Survivorship Program.

### **Cultivating Nursing Resilience During a Pandemic**

- Discuss the concept of resilience and how it relates to the field of nursing.
- Identify challenges in cultivating nursing resilience during a pandemic.
- Discuss techniques that will assist in fostering nursing resilience now and in times of future global health crises.

### **Patient-Reported Outcomes: Assessment and Interventions to Improve Symptom Management**

- Recognize the challenges of symptom management in patients with cancer.
- Describe what patient-reported outcomes (PROs) and electronic patient-reported outcomes (ePROs) are, and settings in which they may be used.
- Discuss how PROs and ePROs may affect cancer care delivery, patient health outcomes, and health care utilization and associated costs.

### **Evolution of CAR T-Cell Therapy**

- Outline the indications for existing CAR T-cell therapies.
- Discuss supportive care and logistics needed during CAR T-cell therapy administration.
- Identify key components of educational materials needed for a successful CAR T-cell therapy program.



### **Keeping up with the Molecular Targets in the Treatment of Advanced Non-Small Cell Lung Cancer**

- Identify the molecular targets for metastatic non-small cell lung cancer (NSCLC).
- Discuss the recommended targeted agents for metastatic NSCLC.
- Describe side effects that may occur with targeted therapies.

### **Navigating Treatment Selection for Patients with Advanced Ovarian Cancer**

- Describe to a patient some of the key factors to consider when selecting among the recommended options for treatment of recurrent/refractory ovarian cancer.
- Describe considerations when choosing between chemotherapy options versus targeted therapies for treatment of persistent/recurrent disease.
- Outline for a patient the signs and symptoms associated with recurrent and/or progressive disease versus toxicity from different types of treatment, and explain option for management to improve quality of life.

### **Current Clinical Challenges in Cancer Pain Management**

- Discuss considerations for prescribing controlled substances during an opioid epidemic.
- Identify disparities in the prescription of controlled substances and groups that are at risk for inadequate management of cancer pain.
- Develop methods to reduce disparities and encourage safe prescription of opioids and other controlled substances for the management of cancer pain.

### **Advancing Survivorship Care through Program Development**

- Describe several different survivorship care models for the long-term follow-up of cancer survivors.
- Discuss ideas to address special areas of survivorship care including fertility, post allogeneic stem cell transplant care, and the transition of survivors of childhood cancer from pediatric to adult survivorship programs.
- Explain how educational programs for survivors and providers can help promote optimal survivorship care.

### **Program Supporters**

This activity is supported by educational grants from:

- AstraZeneca
- Genentech, a member of the Roche Group
- Novartis
- Pfizer Inc.
- Taiho Oncology, Inc.

This activity is supported by an independent medical education grant from Bristol-Myers Squibb.

This educational activity is supported by an educational grant from GlaxoSmithKline.

*Supporter list updated March 5, 2021.*

### **Accreditation Statement**

In support of improving patient care, National Comprehensive Cancer Network (NCCN) is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

NCCN designates this educational activity for a maximum of 5.25 contact hours.

### **How to Claim CE Credit**

**Before or during the activity**, please ensure that you have an NCCN account and will receive the correct type of credit.

1. Log in at [www.nccn.org](http://www.nccn.org)
  - *If you do not have an NCCN account, click “Sign up here” to create one for free.*
2. Click “Profile” in the left side menu.
3. Verify that your **User Type** matches the type of credit you will claim:
  - Nurse Practitioner = ANCC contact hours
  - Clinical Nurse Specialist = ANCC contact hours
  - Nurse/Oncology Nurse = ANCC contact hours
  - Case Manager (Nurse) = ANCC contact hours
  - All other user types = certificate of participation
4. Scroll down and click “Save” if you make any changes.

**Immediately after the activity**, follow the instructions below to complete the CE requirements online through NCCN’s Continuing Education Portal. **You will need to log in with the same email address used for program registration:**

1. Log in at [education.nccn.org/nursing2021](http://education.nccn.org/nursing2021)
2. Click the Take Course button.
3. Follow the prompts.

### **Requirements for Receiving CE Credit**

Within 30 days of the activity, you must:

- Attend the activity.
- Complete the immediate post-test.
- Complete the evaluation.
- Claim your credits.

You will be able to view/print your certificate online once all requirements have been met. If you have any questions, please email [education@nccn.org](mailto:education@nccn.org).



## **NCCN Continuing Education Disclosure Policy**

It is the policy of NCCN that every 12 months, all faculty, moderators, activity planners and all internal planning staff participating in NCCN continuing education activities are expected to disclose any financial relationships with a commercial interest. In addition, all faculty presentations have been reviewed to ensure education is fair and balanced and that clinical content presented supports safe, effective patient care. Individuals who do not disclose relevant financial relationships will be disqualified from involvement in the CE activity as a content developer, planner, or presenter.

### **Definitions**

NCCN continuing education considers financial relationships to create a conflict of interest when an individual has both a financial relationship with a commercial interest and the opportunity to affect continuing education content about the products or services of a commercial interest with which he/she has a financial relationship.

NCCN continuing education considers relevant financial relationships as financial relationships in any amount occurring within the past 12 months that create a conflict of interest. NCCN does not set a minimal dollar amount for relationships to be significant. Inherent in any amount is the incentive to maintain or increase the value of the relationship.

### **Faculty Disclaimers**

All faculty for this continuing education activity are competent in the subject matter and qualified by experience, training, and/or preparation for the tasks and methods of delivery.

Faculty presentations may include discussion of off-label use. Faculty will disclose that the use in question is not currently approved by the FDA per the product labeling.



### Faculty Disclosures

The faculty listed below discloses **no relevant** financial relationships:

**Diana McMahon, MSN, RN, OCN**  
**Jessie Holland, MSN, RN, OCN**  
**Lauren M. Sullivan, MSN, RN, AGCNS-BC, OCN, BMTCN**  
**Emily A. Skotte, MSN, APRN, ACNP-BC**  
**Erin M. McMenamin, PhD, CRNP**  
**Rachael L. Schmidt, DNP, APRN, AOCNP**

The faculty listed below discloses the following **relevant** financial relationships:

**Paula Anastasia, RN, MN, AOCN**  
Merck & Co., Inc.: Nursing Advisory Board

### NCCN Staff Disclosures

The NCCN Activity Planning staff listed below discloses **no relevant** financial relationships:

**Mike Abrams; Melissa Esplen; Mark A. Geisler; Kristina M. Gregory, RN, MSN, OCN; Kristin Kline Hasson; Rose Joyce; Karen Kanefield; Lisa Perfidio, MS; Shannon Ryan, CMP; Kathy Ann Smith, CHCP; Sarah Weinstein**

The NCCN Clinical staff listed below discloses **no relevant** financial relationships:

**Jennifer L. Burns, BS; Mary A. Dwyer, MS, CGC; Anita M. Engh, PhD; Colleen Erb MSN, RN, AOCNP; Deborah A. Freedman-Cass, PhD; Lisa Gurski, PhD; Miranda Hughes, PhD; Beth Lynn; Nicole R. McMillian, MS, CHES; Angela Motter, PhD; Lenora Pluchino, PhD; Hema Sundar, PhD; Samantha Tamburro, BSN, RN, CPON; Amanda E. Visnick, BSN, RN, OCN**

The NCCN Clinical Staff listed below discloses **no relevant** financial relationships:

**Ndiya Ogba, PhD** (*Employed by NCCN until 1/12/21*)

**Paula Anastasia, RN, MN, AOCN**, is an Advanced Practice Nurse specializing in gynecologic oncology for over 27 years and has focused her expertise and passion in oncology nursing for 37 years. She started her nursing career at UCLA, and then transitioned to Cedars-Sinai for 20 years under the direction of Dr. Beth Karlan and colleagues. She came full circle and transitioned back to UCLA with her mentor Dr. Karlan in 2019.

She received her Master's Degree in Oncology Nursing from UCLA in 1993 and her BSN from Rush University, Chicago in 1983.

Ms. Anastasia has presented at over 400 national presentations and Grand Rounds to nurses, physicians, and patient support groups on gynecologic cancers, symptoms related to chemotherapy, targeted therapy, and immunotherapy including physical and emotional manifestations. Since 1994, she has been an invited guest presenter for UCLA oncology advanced practice nursing students. She is recognized by her colleagues and patients for national awards in teaching and compassion. She was the recipient of The Cure Media Group: Ovarian Cancer Heroes Recognition Award 2019 for her service to patients and survivors of ovarian cancer.

Ms. Anastasia has numerous publications in peer reviewed nursing journals and book chapters on gynecologic malignancies and symptom management. She is an associate editor for *The Journal of the Advanced Practitioner in Oncology*. She serves on national nursing committees planning, facilitating and moderating conferences. Paula is involved in volunteer community support groups for patients with cancer. She is often invited to present on "Ask the Nurse" venues and symptom management and survivorship issues at wellness groups.

Her patient relationship begins with diagnosis, followed by trust, education, and symptom management, goals of care, improvement of quality of life, palliative care, and end of life. Coordinating genetic, tumor profiling, and clinical trial referral is one aspect of comprehensive treatment management. Paula has a special gift of always being available to her patients to help mitigate or trouble shoot a treatment side effect, or to provide psychosocial support to the patient or family. She reassures her patients by reminding them that they are "not complaining" but are 'reporting' to her and therefore she is more effectively able to assist in their care.

**Jessie Holland, MSN, RN, OCN**, is a Nurse Leader in Ambulatory Care Services at Memorial Sloan Kettering Cancer Center. She has 15 years of oncology nursing experience.

Ms. Holland received her Bachelors of Science in Nursing from New York University, and her Masters of Science in Nursing from Sacred Heart University.

Ms. Holland has expertise in eHealth and the use of electronic patient-reported outcomes and remote monitoring devices to provide care to patients at home. She has helped design and operationalize multiple remote monitoring programs at Memorial Sloan Kettering.



**Diana McMahon, MSN, RN, OCN**, has over 30 years of nursing clinical and leadership experience in the oncology acute and outpatient settings. Passionate about nursing resilience and compassionate patient care, she has focused the last decade of her career on advancing nursing practice and currently is the Director for Professional Practice at The Ohio State University Wexner Medical Center - James Cancer Hospital.

Whether providing education or consultation on the Professional Practice Model, supporting nursing initiatives or designing and facilitating education, Diana is committed to establishing a culture of excellence where nurses have the resources and support to successfully develop a career trajectory consistent with their goals and strengths, as well as organizational vision and goals. Believing that the nurse-patient relationship is the basis of professional nursing practice and is fundamental to quality patient care, she is committed to building an organizational infrastructure to support professional resiliency and to promote and support professional nursing practice.

Diana is recognized for her ability to plan, develop, implement and evaluate interdisciplinary programs and nursing educational initiatives to provide high quality care for patients/families serviced by the organization. She was the PI on a research project focused on enhancing resiliency in The James Nursing Residence Program and currently the site PI for a large national Clinician Well-Being Survey. Diana has had the opportunity to present at local, national and international conferences on the topic of nursing practice, nurse resiliency/well-being and compassionate patient care.

**Erin McMenamin, PhD, CRNP**, is an Oncology Nurse Practitioner in Radiation Oncology at the Hospital of the University of Pennsylvania, and Adjunct Assistant Professor at University of Pennsylvania School of Nursing.

Dr. McMenamin earned her nursing degree from Widener University. She completed her Masters in Oncology Nursing and Oncology Nurse Practitioner Post Master's Certificate from University of Pennsylvania School of Nursing. She completed her PhD in Nursing Science from The Catholic University of America.

Ms. McMenamin has over 35 years of nursing experience. She specializes in oncology, palliative care, symptom management, clinical research, and patient advocacy. She has also initiated and co-directed an inpatient palliative care service at HUP.

**Emily A. Skotte, MSN, APRN, ACNP**, is Assistant in Medicine, Instructor in Clinical Nursing, and Acute Care Nurse Practitioner in the Division of Hematology/Oncology at Vanderbilt University Medical Center. Ms. Skotte also currently works in the Outpatient Thoracic Medical Oncology Clinic at Vanderbilt-Ingram Cancer Center, where she previously worked on the Inpatient Units for Malignant Hematology, Oncology, and Sickle Cell Disease in the Division of Hematology/Oncology at Vanderbilt University Medical Center.

Ms. Skotte received her bachelor of science degree in biological sciences from the Louisiana State University and earned here master of science in nursing degree from the Vanderbilt University School of Nursing, where she also completed the Acute Care Nurse Practitioner Program. She is a licensed Advanced Practice Registered Nurse and an Advanced Oncology Certified Nurse Practitioner. She is also currently enrolled in the DNP Program at VUSN, to be completed in the summer of 2022.

Ms. Skotte is a member of the Oncology Nursing Society and precepts students in the Vanderbilt Nursing Practitioner Program. Among her accomplishments, she is a past-recipient of the Vanderbilt *Excellence in Patient Experience Award*, which recognizes clinicians for their exceptional performance and commitment to service excellence.

**Rachael L. Schmidt, DNP, APRN, AOCNP**, is a family nurse practitioner at Nebraska Medicine. She is developing the Cancer Survivorship Program and serves as an advance practice provider in the Survivorship Clinic.

Ms. Schmidt received her bachelors in nursing from Creighton University, and her masters in nursing from Clarkson College. She completed her doctorate of nursing practice at University of Nebraska Medical Center, and has been collaborating in survivorship research opportunities with UNMC PhD nurses over the last several years.

Ms. Schmidt believes that survivorship should be actively discussed throughout the cancer continuum and should be presented as a standard of care for all cancer patients. She believes there is a lot of work that can be done in survivorship care and hopes to make a difference in increasing awareness and improving survivorship care overall.

**Lauren M. Sullivan, MSN, RN, AGCNS-BC, OCN, BMTCN**, is a Clinical Nurse Specialist focusing on cellular therapies, stem cell transplant, hematologic and gastrointestinal malignancies at Dana-Farber Cancer Institute.

In her current role, Ms. Sullivan works collaboratively with other departments and disciplines on initiatives to meet the goals set out by Dana-Farber Cancer Institute. She promotes excellence in care delivery and outcomes and influences patient outcomes through evidence-based practice. She also mentors and supports the professional growth and development of staff. She facilitates and leads quality and process improvement projects, and develops policies, competencies, and guidelines that influence clinical care.

Ms. Sullivan earned her nursing degree from the University of Massachusetts. She also completed a Master of Science in the Adult Gerontology Clinical Nurse Specialist Track from the University of Massachusetts.

Ms. Sullivan is an active member of the Oncology Nursing Society Boston Chapter, Greater Boston Nursing Collective, and the American Society for Transplantation and Cellular Therapy.