

# Diagnosis of NHL: What's New in the WHO?

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## Why Classify?

- Classification is the “language” of medicine
  - Diseases must be described and defined before they can be diagnosed and treated
- Consensus on terminology and definitions
  - Essential for both clinical practice and research
- Diseases should be clearly defined and clinically distinctive
  - Mutually exclusive (non-overlapping categories)
  - Collectively exhaustive (all diseases should be identified)
    - “MECE”
- The classification should serve as a basis for further investigation

## WHO Classification: History

- 1970s: Multiple lymphoma classifications
  - Rappaport, Kiel, Lukes-Collins, BNLI, Dorfman, WHO
- 1982: Working formulation (led by exasperated clinicians)
  - Designed to translate between classifications
  - Prognostic groups more important than specific pathological categories
- 1994: “Revised European-American Classification of Lymphoid neoplasms” (REAL classification) (ILSG)
  - Consensus list of lymphoid neoplasms that could be recognized by pathologists and were clinically distinctive
  - Included input from a meeting with clinicians

## WHO Classification: History

- 1997: International clinical study of REAL classification
  - Categories reproducible, covered >95% of lymphomas, clinically relevant
- 2001: WHO Classification, 3<sup>rd</sup> Edition
  - Broader consensus on lymphoid neoplasms
  - Applied principles of REAL to myeloid, histiocytic neoplasms
  - Clinical advisory committee
  - First international consensus on classification of hematologic malignancies

## The REAL/WHO Classification: Principles

- Define distinct disease entities that can be recognized by pathologists and that have clinical relevance
- A constellation of features (morphologic, immunophenotypic, genetic, and clinical) defines each disease entity
- Since we do not know the underlying cause of most lymphomas, the relative importance of each feature varies among diseases – no “gold standard”
- Diseases are stratified according to postulated normal counterpart and stage of differentiation to the extent possible, and sorted according to clinical and morphologic similarities

## The World Health Organization Classification (WHO), 4<sup>th</sup> Edition: The Process

- American (SH) and European (EAHP) Hematopathology Societies
  - Persuaded WHO to continue the series, with help from hematology & oncology societies
- 8 editors selected by EAHP & SH
  - Myeloid: J. Vardiman (US), J. Thiele (DE)
  - Lymphoid: S. Swerdlow, E. Jaffe, N.L. Harris (US); E. Campo (ES), S. Pileri (IT), H. Stein (DE)
  - ~110 authors: U.S., Canada, Europe, Asia, Australia
- The WHO Clinical Advisory Committees
  - Myeloid and acute leukemias: Chicago, Feb. 2007
  - Lymphoid: Airlie House VA, March 2007
  - ~100 international hematologists and oncologists
- Consensus meeting of pathologists: Lyon, Sept. 2007
- Published in Sept. 2008; first printing sold out (10,000 books); second printing now available (almost gone!) – WHO Web site

## WHO 2008: What's New?

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- Genetically defined categories of leukemias
- New diseases/subtypes/variants/grading
- Small clonal lymphoid populations
- Consensus guidelines for some diseases
- Borderline (grey zone) categories
- Provisional categories

## WHO 2008 vs. WHO 2001: What's New?

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- More diseases recognized (108 in all!)
  - Myeloid and acute leukemias: 50
  - Mature B, T, HL: 53
  - Histiocytic: 5
- Many defined by genetic and immunophenotypic features as well as morphology
- Correct classification required to determine treatment

## **WHO Lymphoid 2008: Implications for Practice**

- Immunophenotyping more important than ever
- Cytogenetics/FISH increasingly important to detect genetic abnormalities associated with specific diseases
- Detection of viruses (EBV, HHV8) often necessary
- Morphology +/- clinical features drive both the choice and the interpretation of special studies

## **Small Clonal Populations ?Early/Precursor Lesions**

- New technology allows detection of small clones of lymphoid cells in blood, bone marrow, and lymph nodes of healthy persons
  - Immunophenotype (light-chain restriction, CD5, CD10, BCL2 in GC)
  - Genetics (IGH-r, BCL2-r)
- May not indicate presence or risk of progressive malignancy
- Analogous to MGUS 30 years ago
- Guidelines included in discussions of respective lymphoma subtypes (myeloma, CLL, FL)

## Consensus Guidelines

- Chronic lymphocytic leukemia
  - “In the absence of tissue involvement there must be  $\geq 5 \times 10^9/L$  monoclonal lymphocytes with CLL phenotype in peripheral blood.”
  - Others: “monoclonal B lymphocytosis/MBL”
- Waldenström’s macroglobulinemia
  - Paraprotein of any size in a patient with LPL in bone marrow
- Plasma cell myeloma
  - Symptomatic vs. asymptomatic
    - End-organ damage (CRAB)
    - If symptomatic, no minimum plasma cell #, paraprotein level
  - International staging system (albumin,  $\beta 2$  microglobulin)
  - TC groups (Translocations-Cyclin D genes)
  - Cytogenetic prognostic groups (favorable, unfavorable)
- Cutaneous lymphomas: EORTC classification

## Follicular Lymphoma: Issues

- Grading
- Diffuse areas
- Subtypes/variants
  - Gastrointestinal FL
  - Pediatric FL
  - “Intrafollicular neoplasia (FL in situ)”
- Primary cutaneous follicle centre lymphoma
  - Now recognized as a distinct disease

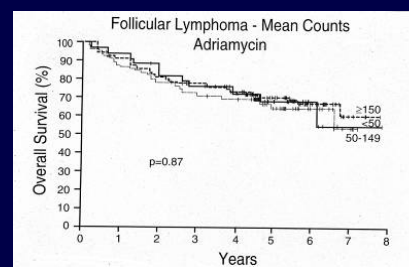
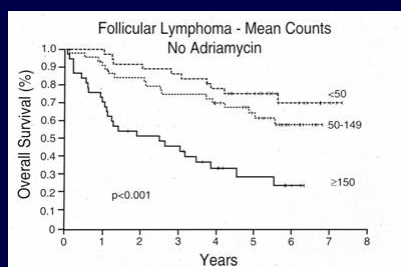
## FL Grading: Issues

- CAC: simplify or eliminate grading
  - FL1-3A: “follicular lymphoma” - one disease with no grades
  - FL3B: “follicular” variant of diffuse large B-cell lymphoma
- *But* grading is the only pathological predictor of outcome in FL
  - Many studies: worse prognosis for Grade 3 (large cell) cases
  - *But* poorly reproducible among pathologists
- Evidence that FL3B is genetically closer to DLBCL than FL1-3A
  - *But* mainly true for FL3B+DLBCL (BCL6-R, CD10-, Mum1+)<sup>@</sup>
- Suspicion that FL3B is more aggressive than FL3A
  - *But* 3B more often associated with DLBCL than 3A (~60% vs. 30%)
  - *And* no difference in survival of 3A vs. 3B if purely follicular<sup>#</sup>
- Since FL3B is rare (25% of FL3, 5% of FL), most studies of clinical behavior of FL3 (large cell) are based mainly on FL3A cases

<sup>#</sup>Hans CP, et al. *Blood*. 2003;101:2363-2367.

<sup>@</sup>Katzenberger T, et al. *Am J Pathol*. 2004;165:481-490.

## Follicular Lymphoma: Clinical Impact of Grading



- Grades 1 & 2: equal survival, not affected by doxorubicin
- Grade 3: improved OS and FFS with doxorubicin
- Grade 3A and 3B: no difference

Weisenburger DD, et al. Abstract.

## FL Grading: Pathologists' Conclusions

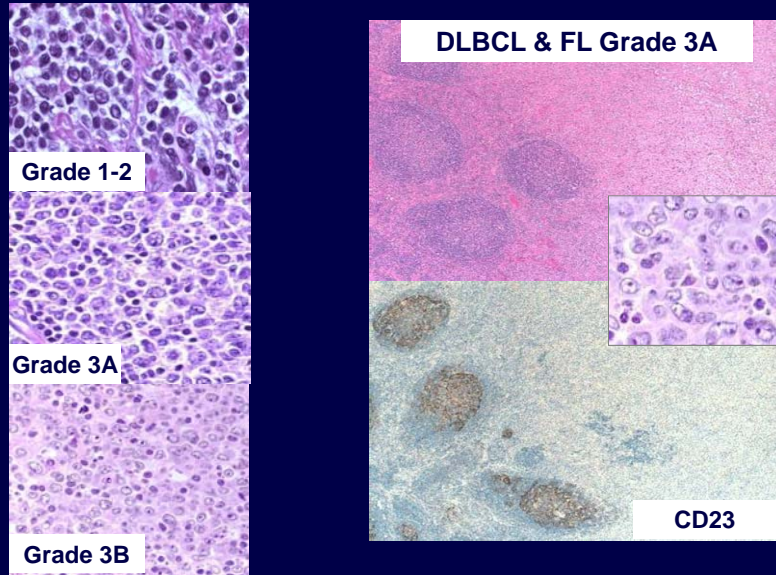
- Insufficient data at this time to warrant:
  - Lumping FL3B with DLBCL, or
  - Eliminating grading altogether
- FL1 and FL2 do not differ from one another
  - Could call them both FL1
    - FL3A becomes FL2
    - FL3B becomes FL3
  - *But* using same grades with new definitions confusing
- Could change nomenclature
  - FL low-grade (FL1-2)
  - FL intermediate-grade (FL3A)
  - FL high-grade (FL3B)
    - *But* not clear that FL3B is more aggressive than FL3A

## Follicular Lymphoma Grading: Decision – Still 3 Grades

- Estimate number/proportion of centroblasts
  - FL1-2 = CB rare (“low-grade”)
  - FL3A = CB numerous (>15/hpf); centrocytes still present
  - FL3B = sheets of centroblasts (no longer optional)
  - *This issue needs to be revisited when more data are available on gene expression and prognosis; will change in next edition*
- Diffuse areas:
  - If meets criteria for FL3 (A/B): separate diagnosis of DLBCL
  - No such thing as “FL Grade 3 with diffuse areas”!

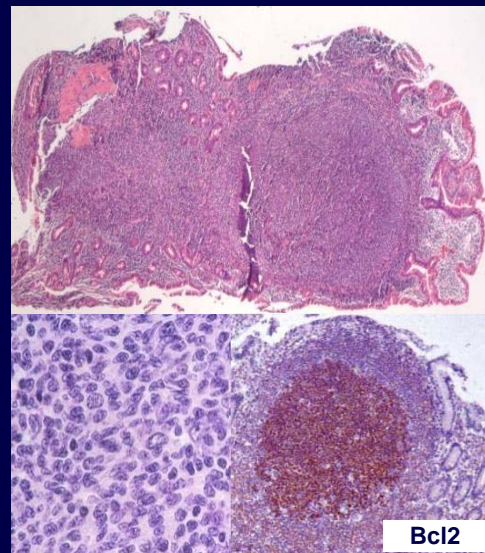


## Follicular Lymphoma: Grading and Diffuse Areas



## Follicular Lymphoma of the Gastrointestinal Tract

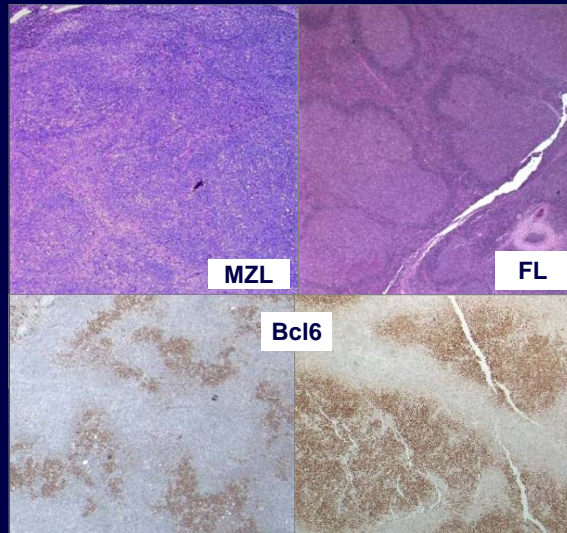
- Small intestine
  - Duodenum: 85%
- Morphology, immunophenotype, genetics similar to nodal FL
  - Bcl2+ CD10+ Bcl6+, often IgA+
- Clinically indolent, localized
  - Asymptomatic (incidental); abdominal pain
  - Most localized (Stage I/II)
  - Curable with resection, often no treatment
  - Systemic recurrence unusual
- ?Arise from follicular component of MALT



## Pediatric Follicular Lymphoma

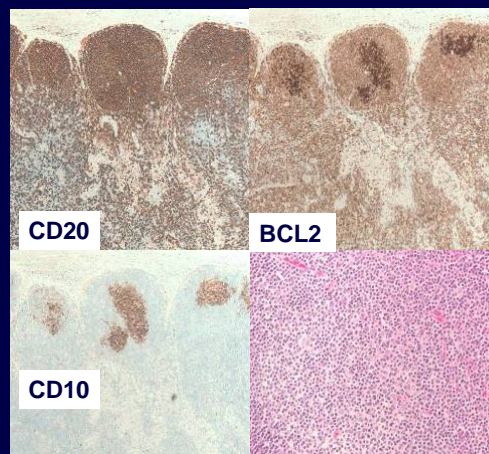
## Pediatric Nodal Marginal Zone lymphoma

- Adolescent or young adult males; localized peripheral lymph nodes
- Large follicles, PTGC-like, follicle lysis; effacement of architecture
- Clonal (immunophenotype, genetic analysis)
- FL:
  - CD10+ Bcl6+ CD43+ Bcl2-
- MZL:
  - CD10- Bcl6- (residual GC present) Bcl2 +/- clg +/-
- DDX:
  - Reactive LN with clonal CD10+ cells
- Often cured with minimal therapy; no dissemination
- Are these really malignant?



## Intrafollicular Neoplasia (“In-Situ” Follicular Lymphoma)

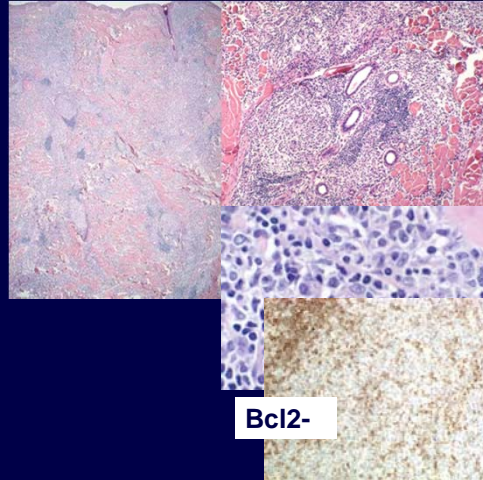
- Architecturally normal-appearing lymph node or other lymphoid tissue
  - One or more follicles with Bcl2+ CD10+ clonal B cells, IGHr, BCL2r
  - Often an incidental finding
- Clinical
  - Minority with overt FL elsewhere (earlier, concurrent, later)
  - Most no FL
- Nodal equivalent of small clones of BCL2R cells in blood of normal subjects?
  - 2<sup>nd</sup> “hit” required for FL
- Evaluate for FL; don’t treat!



Cong P, et al. *Blood*. 2002;99:3376-3382.

## Primary Cutaneous Follicle Center Lymphoma

- Definition
  - A tumor of neoplastic follicle center cells, usually a mixture of centrocytes and variable numbers of centroblasts, with a follicular, a follicular and diffuse, or a diffuse growth pattern, which generally present on the head or trunk
  - Lymphomas with a diffuse pattern and sheets of centroblasts/immunoblasts are excluded (DLBCL leg type)
- Morphology
  - Centrocytes (may be large) and centroblasts, often diffuse; no grading
- Immunophenotype
  - Bcl6+ CD10-/Bcl2-/dim+ Mum1-
- Clinical
  - Indolent, cutaneous relapse, no systemic dissemination
  - Local therapy sufficient (excision, radiation)



## WHO 4<sup>th</sup> Edition Changes: Aggressive B-cell Neoplasms

- DLBCL – new categories
  - Extranodal primary sites
  - Virus-associated (EBV, HHV8)
- Borderline categories
  - BL and DLBCL
  - PMBL and NSCHL

## WHO 4<sup>th</sup> Edition: Diffuse Large B-cell Lymphomas

- Diffuse large B-cell lymphoma, not otherwise specified
  - GCB/ABC, morphologic variants
  - T cell/histiocyte rich large B-cell lymphoma
  - Primary CNS DLBCL
  - Primary cutaneous DLBCL (“leg type”)
  - EBV+ DLBCL of the elderly
- DLBCL associated with chronic inflammation
- Lymphomatoid granulomatosis
- Primary mediastinal (thymic) large B-cell lymphoma
- Intravascular large B-cell lymphoma
- ALK positive DLBCL
- Plasmablastic lymphoma
- Primary effusion lymphoma
- Large B-cell lymphoma arising in HHV8-associated multicentric Castleman disease

## Borderline between BL and DLBCL

- Most cases straightforward, but some morphologically intermediate (mix of medium and large cells, mitoses, starry-sky pattern)
- WHO 3<sup>rd</sup> edition: “atypical Burkitt’s lymphoma”
  - Morphologically intermediate between BL and DLBCL
    - >95% Ki-67 fraction
    - Immunophenotype of BL (CD10+ Bcl6+ Bcl2-)
    - MYC rearranged, BCL2 germline [if available]
  - *Should not make this diagnosis unless you really think it is more likely Burkitt’s than large B-cell lymphoma*
- Others: classify as DLBCL

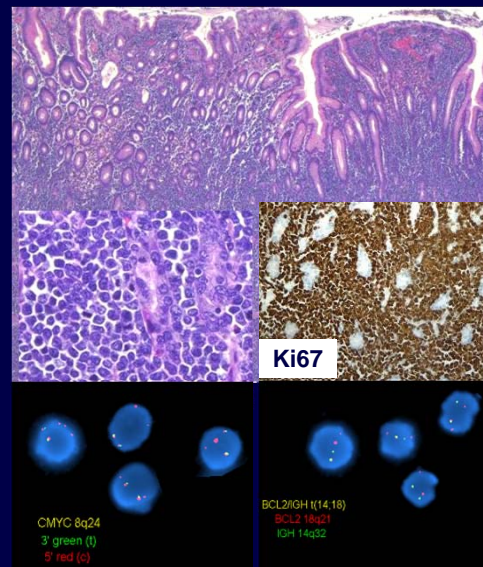


## DLBCL vs. BL: Clinical Advisory Committee 4<sup>th</sup> Edition

- Gene expression studies (2006) showed true “grey zone” between BL and DLBCL
- Many cases, especially in adults, cannot be definitively classified as BL vs. DLBCL
- Should not “contaminate” these categories with cases that may be biologically and clinically different
- Provisional category: B-cell lymphoma, intermediate between BL and DLBCL
  - A heterogeneous category that needs to be further refined; not a distinct entity
  - Allows classification of cases not meeting criteria for classical BL or DLBCL
  - Individualized decisions about treatment

## High-Grade B-Cell Lymphoma, Intermediate between BL and DLBCL (Provisional Category)

- **Definition:**
  - Lymphomas with features of both DLBCL and BL, but that for biological and clinical reasons should not be included in these categories
  - Morphology:
    - Intermediate between BL and DLBCL (medium-sized cells, large cells)
  - Immunophenotype:
    - GCB (CD10+ Bcl6+) but may be Bcl2+
    - Ki67 high or intermediate
  - Genetics:
    - *MYC*, *BCL2*, both (double hit), complex karyotypes
  - Clinical:
    - May occur in pts w/ hx FL
    - Aggressive, short survival (especially double hit cases)



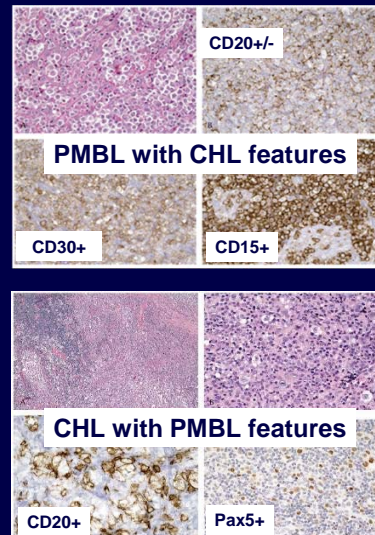
## B-Cell Lymphoma, Intermediate between DLBCL (PMBL) and CHL (NSCHL)

- Mediastinal lymphomas common in young adults
- Share immunophenotypic and gene expression profiles
  - Ig-, loss of B-cell receptor signaling
  - Activation of cytokine JAK-STAT pathway
  - Expression of TNF family members (CD30, TRAF1)
  - Constitutive NF-kappa B activation (cREL nuclear localization)
  - Activation of tyrosine kinases and the PI3K/ATK pathway
- Borderline cases are increasingly recognized by pathologists
- This may be a real disease...

Traverse-Glehen A, et al. *Am J Surg Pathol*. 2005;29:1411-1421.  
 Savage KJ, et al. *Blood*. 2003;102:3871-3879.  
 Rosenwald A, et al. *J Exp Med*. 2003;198:851-862.

## B-Cell Lymphoma, Intermediate between DLBCL and CHL (Provisional Category)

- Definition:
  - A B lineage lymphoma with overlapping features between classical Hodgkin lymphoma (CHL) and diffuse large B-cell lymphoma (DLBCL), especially primary mediastinal large B-cell lymphoma (PMBL)
- Morphology:
  - Large cells, lacunar, R-S like, in sheets; variable sclerosis, fibrous bands, inflammatory background
  - CD45+ CD30+ Pax5+ CD20+/- CD79a+/- CD15+/- CD10- Bcl6-/+
- Clinical:
  - Young men (20-40), mediastinal
  - Aggressive, often fatal
  - ?Treat as CHL or PMBL

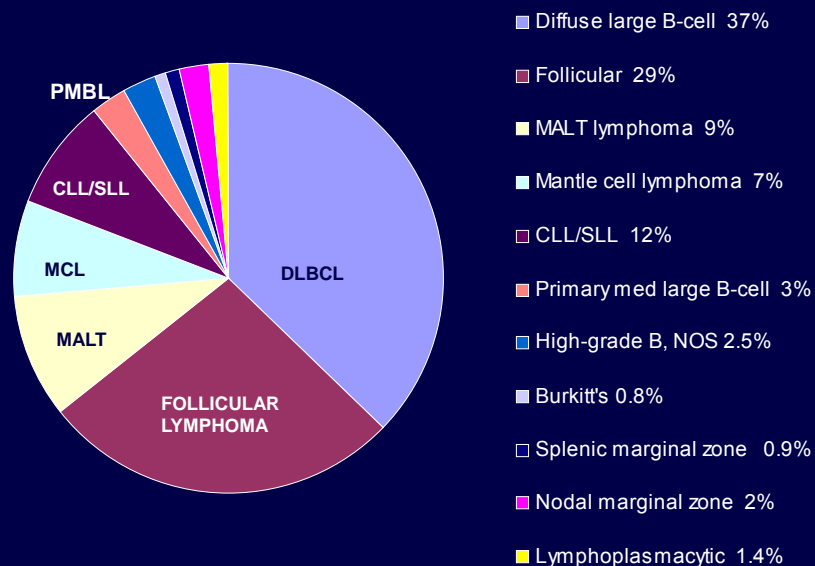


Traverse-Glehen A, et al. *Am J Surg Pathol*. 2005;29:1411-1421.

## WHO 4<sup>th</sup> Edition: Classification of Mature B-Cell Neoplasms

- Chronic lymphocytic leukemia/Small lymphocytic lymphoma
- B-cell prolymphocytic leukemia
- Splenic marginal zone lymphoma
- Hairy cell leukemia
- Splenic lymphoma/leukemia, unclassifiable<sup>^</sup>
- Lymphoplasmacytic lymphoma
- Heavy chain diseases
- Plasma cell myeloma/plasmacytoma
- Extranodal marginal zone B-cell lymphoma of mucosa-associated lymphoid tissue (MALT lymphoma)
- Primary cutaneous follicle centre lymphoma
- Follicular lymphoma
- Nodal marginal zone B-cell lymphoma
- Mantle cell lymphoma
- Diffuse large B-cell lymphomas
- B-cell lymphoma, unclassifiable, with features intermediate between diffuse large B-cell lymphoma and Burkitt's lymphoma<sup>^</sup>
- B-cell lymphoma, unclassifiable, with features intermediate between diffuse large B-cell lymphoma and classical Hodgkin lymphoma<sup>^</sup>

<sup>^</sup>=provisional entities



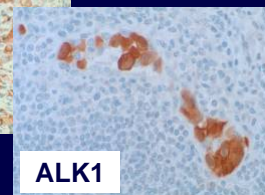
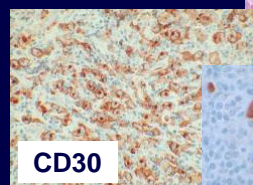
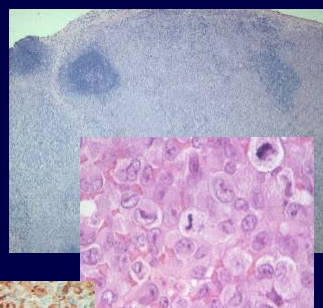
## WHO 4<sup>th</sup> Edition: Mature T-Cell Neoplasms

- EBV-associated T-cell clonal lymphoproliferations (pediatric, Asian)
  - Systemic EBV+ T-cell lymphoproliferative disease of childhood (associated with chronic active EBV infection)
  - Hydroa vacciniforme-like lymphoma
- New categories of cutaneous T-cell lymphomas (EORTC)
  - Primary cutaneous gamma-delta T-cell lymphoma
  - Primary cutaneous aggressive epidermotropic CD8-positive cytotoxic T-cell lymphoma<sup>^</sup>
  - Primary cutaneous small/medium CD4-positive T-cell lymphoma<sup>^</sup>
- **ALCL, ALK+ vs ALK-**
  - ALK+ = a well-defined clinicopathologic entity
  - ALK- = should it be distinguished from PTCL-NOS?

<sup>^</sup>=provisional entity

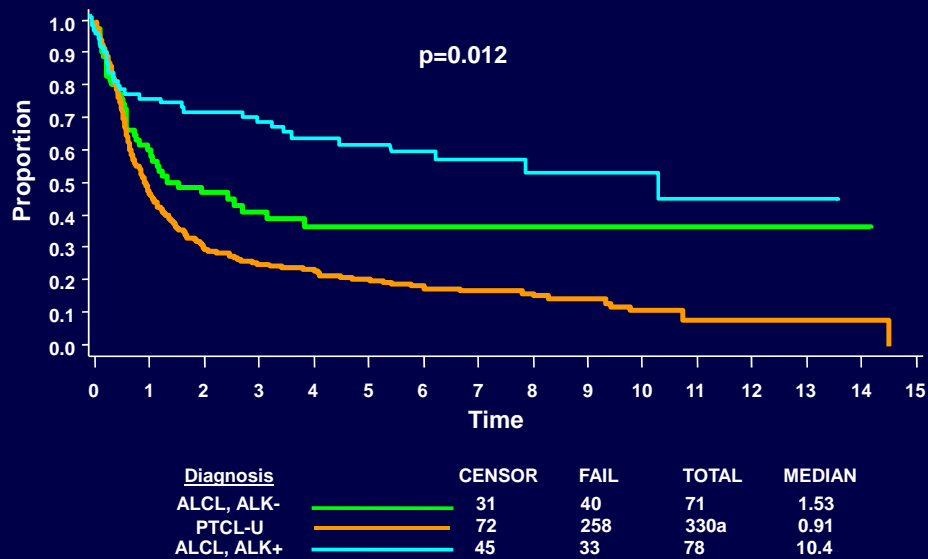
## Anaplastic Large-Cell Lymphoma, ALK+

- Morphology: sinusoidal, large cells, eccentric, kidney-shaped nuclei, abundant cytoplasm with eosinophilic paranuclear region (“hallmark cells”)
  - Small cell, histiocyte-rich variants
- Immunophenotype:
  - T-cell Ag+/- CD30+ ALK+
  - EMA+ CD25+ CGP+
- Genetics:
  - t(2;5) and variants
- Clinical: children and young adults, M>>F, nodal or extranodal; aggressive but curable



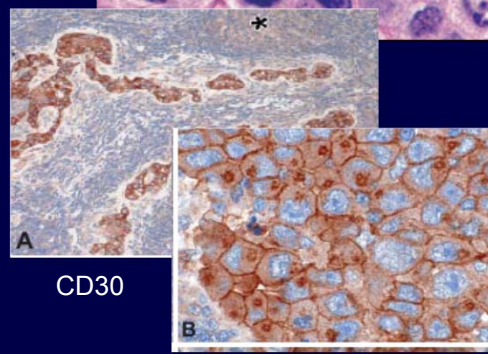
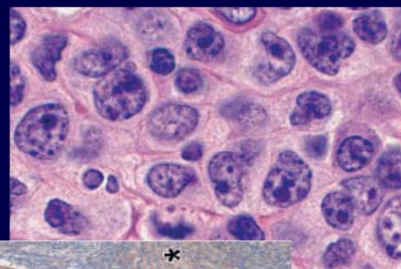


## Failure-Free Survival: ALCL ALK+, ALCL ALK-, PTCL-U



## ALCL, ALK- (Provisional Category)

- Morphology:
  - Identical to ALK+ ALCL
  - Large cells with abundant cytoplasm, cohesive growth, horseshoe-shaped nuclei ("hallmark cells")
- Immunophenotype:
  - CD30+ strong, diffuse
  - No B-cell antigens (Pax5-)
  - ALK-
- Clinical:
  - Adult (med 60y)
  - Prognosis intermediate between ALK+ and PTCL-NOS



## WHO 4<sup>th</sup> Edition: Mature T/NK-Cell Neoplasms

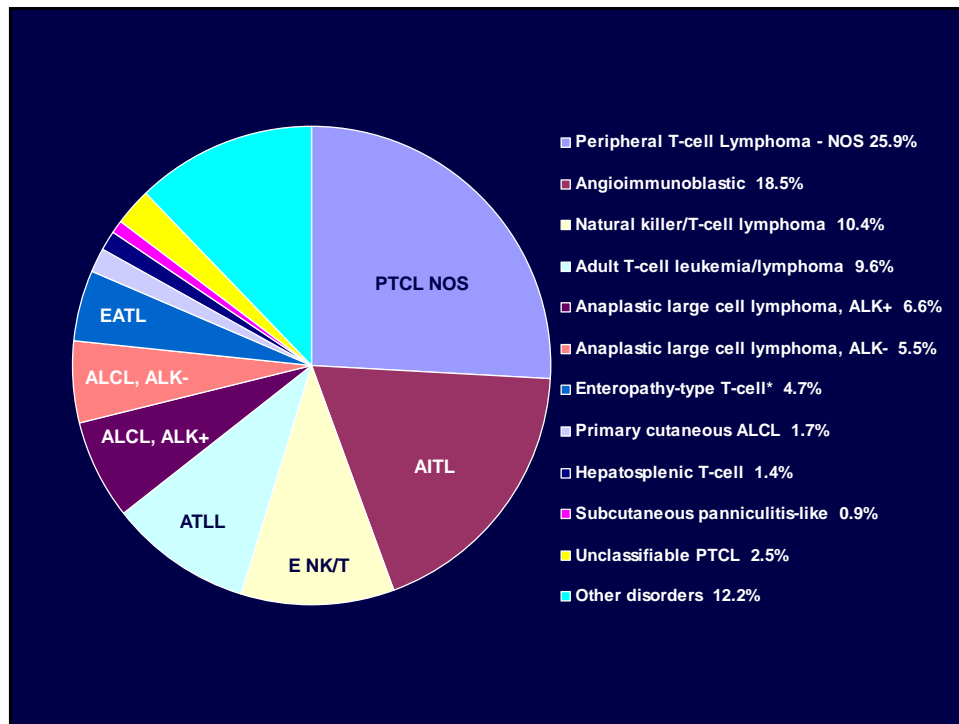
- T-cell prolymphocytic leukemia
- T-cell large granular lymphocytic leukemia
- Chronic NK-cell lymphoproliferative disorder<sup>^</sup>
- Aggressive NK cell leukemia
- Adult T-cell leukemia/lymphoma
- Systemic EBV+ T-cell lymphoproliferative disease of childhood (associated with chronic active EBV infection)
- Hydroa vacciniforme-like lymphoma
- Extranodal NK/T cell lymphoma, nasal type
- Enteropathy-associated T-cell lymphoma
- Hepatosplenic T-cell lymphoma
- Subcutaneous panniculitis-like T-cell lymphoma
- Peripheral T-cell lymphoma, not otherwise specified
- Angioimmunoblastic T-cell lymphoma
- Anaplastic large cell lymphoma (ALCL), ALK positive
- Anaplastic large cell lymphoma (ALCL), ALK negative<sup>^</sup>

<sup>^</sup>=provisional entities

## WHO Cutaneous T-Cell Lymphomas

- Mycosis Fungoides
- Sézary Syndrome
- Primary cutaneous anaplastic large-cell lymphoma
- Primary cutaneous aggressive epidermotropic CD8 positive cytotoxic T-cell lymphoma<sup>^</sup>
- Primary cutaneous gamma-delta T-cell lymphoma
- Primary cutaneous small/medium CD4 positive T-cell lymphoma<sup>^</sup>

<sup>^</sup>=provisional entities



## The WHO Classification: Summary

- An international consensus of pathologists and hematological oncologists
  - Uniform terminology and criteria standardize diagnoses for clinical trials and improve reproducibility
  - Updates by joint committees of hematopathology societies, with input from oncologists, can continue
- Multiparameter approach to disease definition
  - Morphology, immunophenotype, genetic, and clinical features
  - Clinically practical, biologically-oriented classification that can incorporate new information
- Emphasis on “real” diseases facilitates research into pathogenesis, prognosis, targeted therapies

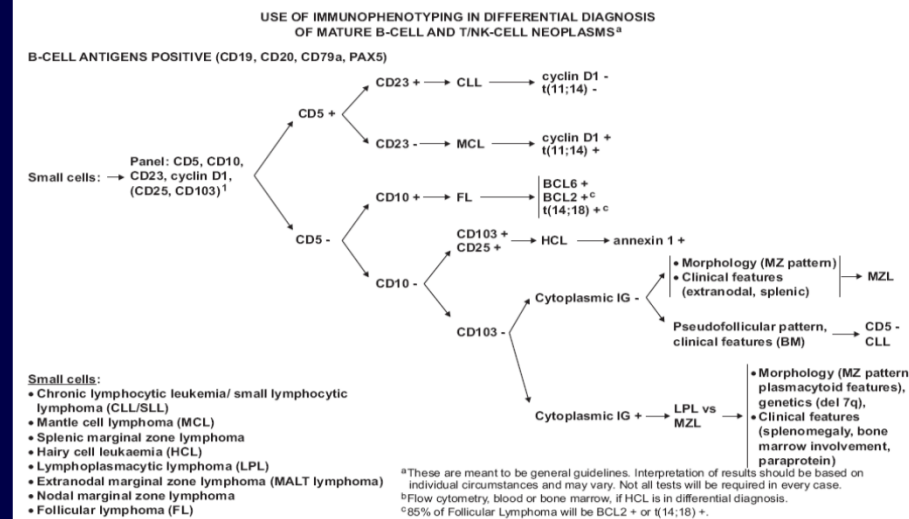
## **How To Be Sure the Diagnosis is Correct: “4 Rules”**

- Know the classification and diagnostic criteria for each disease
- Make sure an adequate specimen is obtained (avoid needle biopsies!)
- Read the pathology report and make sure all necessary studies have been done
- Communicate with pathologists
  - Make sure they have clinical information that may impact on diagnosis or management
  - Make sure you understand the level of certainty re: dx
  - Don't hesitate to ask for consultation
  - “A skeptical clinician is the pathologist's best friend!”

## **Algorithms for Immunophenotyping in Diagnosis of Mature Lymphoid Neoplasms**

National Comprehensive Cancer Network  
Clinical Practice Guidelines in Oncology  
Non-Hodgkin's Lymphomas

[www.nccn.org](http://www.nccn.org)



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## Things You Can Count On

- Death
- Taxes
- A new lymphoma classification!